

## Individual - Male Open Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
426	Mountford, Paul	M	Parker - International.	M20			0:05:58	10	0:58:17	2	0:24:42	1	1:28:57	1		0:03:48	5
411	norie, ashley	M	ROYLES	M30			0:05:39	5	0:57:54	1	0:26:46	17	1:30:19	2		0:04:06	18
414	Skipper, Paul	M	ROYLES	M20			0:05:56	8	1:01:22	5	0:25:15	2	1:32:33	3		0:03:48	5
406	goulbourne, mike	M		M30	Y		0:06:37	33	1:00:43	3	0:26:21	10	1:33:41	4		0:04:03	15
422	Jones, Rhys	M	Rhondda Triathlon Clu	M20			0:05:20	3	1:03:12	12	0:25:23	3	1:33:55	5		0:03:55	9
423	Langley, Tom	M	Thames Turbo	M20			0:05:11	2	1:03:01	10	0:26:12	8	1:34:24	6		0:04:17	38
430	Wilkins, Rodger	M	Tri Preston	M30			0:05:56	8	1:02:11	7	0:26:31	11	1:34:38	7		0:03:32	1
383	Battle, Gareth	M	Rhondda Tri	M30			0:07:03	58	1:02:31	8	0:25:44	5	1:35:18	8		0:03:54	8
415	White, Andy	M	Chester Tri	M40			0:06:24	23	1:01:14	4	0:27:55	36	1:35:33	9		0:04:37	72
305	Caswell, Paul	M	Harrogate Nova Cyclin	M30	Y		0:06:34	32	1:01:37	6	0:27:35	28	1:35:46	10		0:03:55	9
428	thomson, adam	M	blackcountry triathlon	M30			0:06:05	14	1:04:04	16	0:25:40	4	1:35:49	11		0:04:06	18
413	Pateman, Matt	M	thames turbo triathlon	M30			0:06:29	27	1:03:14	13	0:26:12	7	1:35:55	12		0:04:21	41
404	Derrane, Michael	M	Mersey Tri Club	M40			0:06:33	31	1:02:45	9	0:27:01	19	1:36:19	13		0:04:07	20
408	Johns, Tim	M	Manchester Triathlon	M30			0:06:16	19	1:03:25	14	0:26:58	18	1:36:39	14		0:04:09	23
402	Bunn, Thomas	M	Royal Air Force Tri As	M30			0:05:45	7	1:05:44	27	0:26:42	15	1:38:11	15		0:04:13	32
446	Bell, Robert	M	Royles	M30			0:06:05	14	1:05:56	29	0:26:19	9	1:38:20	16		0:04:10	26
287	Cambell, Andrew	M	Wrecsam Tri Club	M30			0:05:04	1	1:04:36	17	0:28:45	56	1:38:25	17		0:04:31	60
390	Kerry, Martin	M	Tri Preston	M40			0:06:56	49	1:03:08	11	0:28:32	51	1:38:36	18		0:04:29	52
378	ROXBURGH, SIMON	M	CARNEDDAU TRIATH	M30			0:07:30	87	1:03:41	15	0:27:45	33	1:38:56	19		0:04:01	14
403	Davies, Neil	M	Rhondda Triathlon Clu	M30			0:06:25	24	1:05:06	21	0:27:34	27	1:39:05	20		0:04:10	26
357	Hogg, Glenn	M	Thames Turbo Trithalc	M30			0:06:05	13	1:04:47	18	0:28:23	43	1:39:15	21		0:04:32	63
412	Owen, Stephen	M	Maldwyn Harriers	M30			0:07:07	62	1:04:54	19	0:27:25	25	1:39:26	22		0:04:16	36
362	Stannard, Phil	M	Manchester Tri Club	M20			0:06:59	56	1:06:34	34	0:26:06	6	1:39:39	23		0:04:20	40
416	williams, dafydd	M	Padarn Tri	M30			0:06:06	16	1:07:18	39	0:27:07	20	1:40:31	24		0:04:11	28
400	Benton, Mark	M	Didsbury Triathlon Clu	M30			0:07:06	59	1:05:55	28	0:27:42	30	1:40:43	25		0:04:07	20
353	Gascoyne, Paul	M	shires triers	M40			0:06:55	47	1:05:41	26	0:28:30	48	1:41:06	26		0:04:33	66
374	McFarlin, James	M		M30			0:06:52	44	1:08:10	43	0:26:32	12	1:41:34	27		0:03:59	13
391	Knowles, Andrew	M	Tri Preston	M40			0:06:47	39	1:05:57	30	0:28:50	58	1:41:34	27		0:04:56	111
309	Farnell, Nick	M	Ludlow Cycling	M40			0:07:51	114	1:05:22	23	0:28:31	49	1:41:44	29		0:04:34	67
370	Hughes, John	M	Rhondda Triathlon	M40			0:07:42	103	1:05:37	25	0:28:25	44	1:41:44	30		0:04:28	49
381	Wolff, Jonathan	M		M30	Y		0:07:15	75	1:06:39	35	0:27:51	34	1:41:45	31		0:04:28	49
373	KENYON, MATTHEW	M	TRI TEAM WIGAN	M30			0:07:37	93	1:06:00	32	0:28:09	38	1:41:46	32		0:03:55	9
248	Jones, Gerwyn	M	Unattached	M20			0:07:00	57	1:04:59	20	0:29:55	77	1:41:54	33		0:04:56	109
435	williams, paul	M	ootri	M30			0:07:08	63	1:06:14	33	0:28:35	53	1:41:57	34		0:04:26	45
427	Spurr, Daniel	M	Didsbury Tri	M20			0:05:27	4	1:07:13	38	0:29:22	63	1:42:02	35		0:04:39	77
258	thomson, andrew	M		M30			0:08:22	146	1:05:59	31	0:27:57	37	1:42:18	36		0:04:33	64
281	Jones, Rob	M	Chester Tri	M40			0:07:47	106	1:05:29	24	0:29:03	61	1:42:19	37		0:04:28	49
385	Bennett, Mark	M	Chester Tri	M30			0:06:26	26	1:07:58	42	0:28:32	51	1:42:56	38		0:04:24	44
311	Loftus, Carl	M	Warrington Tri	M30			0:06:21	21	1:09:10	56	0:27:40	29	1:43:11	39		0:04:11	28
304	Anderton, Simon	M	Rochdale Tri	M40			0:07:43	105	1:08:29	49	0:27:13	21	1:43:25	40		0:04:15	34
294	Greenwood, Simon	M	Chester Tri	M40			0:07:22	81	1:08:17	46	0:28:09	38	1:43:48	41		0:04:30	55
296	Jones, Paul	M		M40			0:07:52	115	1:08:48	52	0:27:24	24	1:44:04	42		0:04:29	54
320	Covell, Simon	M	RAF TRI	M30			0:07:41	100	1:10:00	68	0:26:37	13	1:44:18	43		0:04:09	23

202	Edwards, Vincent	M		M30	Y	0:06:57	51	1:10:20	71	0:27:18	22	<b>1:44:35</b>	<b>44</b>	0:04:03	15
405	Farrelly, Michael	M	Thames Turbo	M30		0:06:14	18	1:08:10	43	0:30:13	87	<b>1:44:37</b>	<b>45</b>	0:04:49	100
297	Mason, Gary	M	Bournville Harriers	M40		0:08:02	121	1:06:45	37	0:30:08	81	<b>1:44:55</b>	<b>46</b>	0:04:45	87
330	Shannon, Niall	M		M20	Y	0:06:57	52	1:09:42	64	0:28:19	41	<b>1:44:58</b>	<b>47</b>	0:04:04	17
310	Godwin, Russell	M	Carneddau Tri	M40		0:06:51	43	1:09:17	58	0:28:53	59	<b>1:45:01</b>	<b>48</b>	0:04:43	83
398	Townshend, Phil	M	Chester Triathlon Clut	M30		0:07:06	59	1:09:48	67	0:28:17	40	<b>1:45:11</b>	<b>49</b>	0:04:21	41
388	Herne, David	M		M40		0:06:49	42	1:10:05	70	0:28:19	42	<b>1:45:13</b>	<b>50</b>	0:04:31	60
347	Webster, Richard	M	City of Chester Triathlk	M40		0:06:53	45	1:10:43	77	0:27:44	32	<b>1:45:20</b>	<b>51</b>	0:03:56	12
375	Neave, Bill	M	Chester Tri	M40		0:06:55	48	1:06:42	36	0:31:50	123	<b>1:45:27</b>	<b>52</b>	0:05:04	127
396	Scoular, Alex	M	Didsbury Triathlon Clu	M20		0:07:06	61	1:08:28	48	0:30:05	80	<b>1:45:39</b>	<b>53</b>	0:04:36	70
241	Gilbert, Mathew	M		M20	Y	0:06:41	35	1:12:16	100	0:26:43	16	<b>1:45:40</b>	<b>54</b>	0:04:09	23
279	Ellis, Garry	M		M40		0:08:04	122	1:09:13	57	0:28:30	47	<b>1:45:47</b>	<b>55</b>	0:04:47	93
273	Warren, Andrew	M		M30		0:07:28	85	1:09:39	63	0:28:45	55	<b>1:45:52</b>	<b>56</b>	0:04:31	58
348	Wright, Nic	M		M40	Y	0:07:15	77	1:07:55	41	0:30:50	99	<b>1:46:00</b>	<b>57</b>	0:05:00	118
382	Hayes, Richard	M	Wrecsam Tri Club	M30		0:08:49	159	1:09:20	61	0:27:53	35	<b>1:46:02</b>	<b>58</b>	0:03:43	3
397	Sheehan, Matt	M	Tequila Slammers	M40		0:06:40	34	1:10:26	72	0:29:01	60	<b>1:46:07</b>	<b>59</b>	0:04:33	64
303	Williams, John Barry	M	Wrecsam Triathlon Clu	M50		0:08:28	151	1:07:54	40	0:29:46	73	<b>1:46:08</b>	<b>60</b>	0:04:54	106
265	Mawdsley, Richard	M		M30		0:07:35	92	1:12:06	96	0:26:39	14	<b>1:46:20</b>	<b>61</b>	0:04:23	43
302	Spencer, Duncan	M		M30	Y	0:06:49	41	1:09:28	62	0:30:11	84	<b>1:46:28</b>	<b>62</b>	0:04:14	33
443	Williams, Stephen	M	OO Tri	M40		0:07:13	72	1:05:12	22	0:34:22	158	<b>1:46:47</b>	<b>63</b>	0:04:37	72
343	SCOTT, DAVID	M	none	M30	Y	0:07:49	109	1:08:33	50	0:30:42	97	<b>1:47:04</b>	<b>64</b>	0:05:02	124
226	Phillips, Seb	M		M20	Y	0:08:37	157	1:08:56	54	0:29:38	70	<b>1:47:11</b>	<b>65</b>	0:04:43	83
218	Brooke, Andrew	M		M40	Y	0:08:52	163	1:08:52	53	0:29:41	71	<b>1:47:25</b>	<b>66</b>	0:04:49	97
338	Harding, Tim	M	Carneddau tri	M40		0:07:42	102	1:11:09	84	0:28:37	54	<b>1:47:28</b>	<b>67</b>	0:04:45	89
351	Bond, Ian	M		M40		0:07:10	67	1:10:49	80	0:29:33	68	<b>1:47:32</b>	<b>68</b>	0:04:53	105
361	Saycell, Martin	M	Cerist Triathlon Club	M30		0:06:49	40	1:10:40	76	0:30:11	86	<b>1:47:40</b>	<b>69</b>	0:04:41	80
205	Galloway, Simon	M	Todmorden Harriers	M40		0:08:26	149	1:11:55	94	0:27:21	23	<b>1:47:42</b>	<b>70</b>	0:05:25	162
447	seymour, jim	M		M30	Y	0:07:08	63	1:12:13	98	0:28:28	45	<b>1:47:49</b>	<b>71</b>	0:04:38	74
249	Latham, Jonathan	M		M30	Y	0:07:51	112	1:10:03	69	0:30:11	84	<b>1:48:05</b>	<b>72</b>	0:04:48	96
329	Saycell, Jeff	M	No Club	M30	Y	0:06:43	37	1:08:58	55	0:32:30	135	<b>1:48:11</b>	<b>73</b>	0:05:01	122
179	O'Brien, Peter	M		M30		0:09:51	197	1:09:46	66	0:28:48	57	<b>1:48:25</b>	<b>74</b>	0:04:12	30
425	Miller, Dominique	M	City of Chester Triathlk	M30		0:06:21	20	1:11:36	88	0:30:30	90	<b>1:48:27</b>	<b>75</b>	0:04:55	108
410	Mitchelmore, Darren	M	Pontesbury Masters	M40		0:06:30	29	1:10:27	73	0:31:30	114	<b>1:48:27</b>	<b>75</b>	0:05:18	154
365	Whiteley, Joshua	M	Harlech Wheelers	M30	Y	0:06:53	45	1:08:24	47	0:33:14	143	<b>1:48:31</b>	<b>77</b>	0:05:07	134
232	garrad, marcel	M		M30	Y	0:06:58	53	1:11:10	85	0:30:37	95	<b>1:48:45</b>	<b>78</b>	0:04:50	101
456	Tetlow, Roy	M		M40		0:07:14	74	1:10:43	77	0:31:00	104	<b>1:48:57</b>	<b>79</b>	0:04:59	116
346	Turner, Gareth	M		M20	Y	0:07:09	65	1:10:36	75	0:31:14	109	<b>1:48:59</b>	<b>80</b>	0:04:31	58
312	Morgan, Chris	M	Chester Tri	M50		0:07:37	95	1:12:03	95	0:29:23	64	<b>1:49:03</b>	<b>81</b>	0:04:27	48
222	Jones, Martin	M	Carneddau Tri	M40		0:08:55	164	1:11:38	89	0:28:31	49	<b>1:49:04</b>	<b>82</b>	0:04:31	60
246	Blount, Andrew	M	City of Chester	M40		0:09:00	169	1:08:41	51	0:31:47	120	<b>1:49:28</b>	<b>83</b>	0:04:52	103
244	Yeomans, Craig	M		M30		0:08:56	165	1:11:25	87	0:29:10	62	<b>1:49:31</b>	<b>84</b>	0:04:30	57
233	Taylor, Graham	M	Scarab Tri	M40	Y	0:09:12	176	1:12:37	105	0:27:43	31	<b>1:49:32</b>	<b>85</b>	0:04:20	39
266	Murray, Robert	M	Serpentine	M30	Y	0:10:25	210	1:11:43	90	0:27:31	26	<b>1:49:39</b>	<b>86</b>	0:04:15	34
409	Knowles, Vincent	M		M30		0:06:23	22	1:13:03	109	0:30:14	88	<b>1:49:40</b>	<b>87</b>	0:04:35	69
340	Litherland, Richard	M	Bangor University	M20	Y	0:08:04	123	1:12:25	102	0:29:24	65	<b>1:49:53</b>	<b>88</b>	0:04:58	114
236	Lynch, John	M	Thames Turbo	M40		0:08:34	155	1:09:19	60	0:32:02	125	<b>1:49:55</b>	<b>89</b>	0:04:26	45

268	Rawley, Andy	M	Warrington Tri	M30	Y		0:08:15	139	1:11:43	90	0:30:01	79	<b>1:49:59</b>	<b>90</b>	0:04:39	77
276	Butterworth, Keith	M	N/a	M40			0:08:14	138	1:11:15	86	0:30:42	97	<b>1:50:11</b>	<b>91</b>	0:04:58	114
192	Kaye, Allan	M		M30	Y		0:07:59	119	1:12:19	101	0:29:57	78	<b>1:50:15</b>	<b>92</b>	0:04:39	77
277	Cartwright, Gary	M		M30			0:07:17	78	1:14:37	125	0:28:29	46	<b>1:50:23</b>	<b>93</b>	0:03:47	4
288	Wrexham Member 4, Rac	M		M40			0:06:59	54	1:14:03	117	0:29:28	66	<b>1:50:30</b>	<b>94</b>	0:04:16	36
176	EVANS, NOEL	M	Tri Up and Running CI	M40			0:07:12	71	1:11:48	93	0:31:42	116	<b>1:50:42</b>	<b>95</b>	0:04:44	85
282	Patrick, Nicholas	M	Sheffield	M40			0:09:13	177	1:10:47	79	0:30:54	102	<b>1:50:54</b>	<b>96</b>	0:04:47	93
331	Smith, Neil Andrew	M		M40	Y		0:07:15	76	1:14:17	120	0:29:29	67	<b>1:51:01</b>	<b>97</b>	0:04:29	52
255	Plumtree, Simon	M		M30	Y		0:08:24	148	1:10:57	83	0:31:43	117	<b>1:51:04</b>	<b>98</b>	0:04:49	97
342	Myles, Chris	M	Shrewsbury Masters	M40			0:06:59	55	1:13:42	114	0:30:32	91	<b>1:51:13</b>	<b>99</b>	0:04:38	76
363	Timson, Peter	M	Chestertri	M50			0:08:09	133	1:10:56	82	0:32:12	128	<b>1:51:17</b>	<b>100</b>	0:04:46	91
334	Coathup, John	M	Plain Belly Sneetches	M40			0:07:24	83	1:09:18	59	0:34:48	170	<b>1:51:30</b>	<b>101</b>	0:05:25	162
306	COWERN, SIMON	M	STAFFORD TRI CLUB	M30			0:08:16	140	1:09:43	65	0:33:46	153	<b>1:51:45</b>	<b>102</b>	0:05:05	128
323	Jones, Euros	M		M30	Y		0:07:34	91	1:10:52	81	0:33:24	146	<b>1:51:50</b>	<b>103</b>	0:05:29	171
441	Bolton, Daniel	M	Phoenix Tang Soo Do	M30	Y		0:06:30	29	1:10:32	74	0:34:50	171	<b>1:51:52</b>	<b>104</b>	0:05:16	148
267	Owen, Noel Rhys	M		M40		Y	0:07:47	106	1:13:31	112	0:30:34	93	<b>1:51:52</b>	<b>105</b>	0:04:38	74
289	ABDALE, PAUL	M		M30			0:07:48	108	1:13:20	111	0:30:54	100	<b>1:52:02</b>	<b>106</b>	0:04:42	82
335	Evans, Emyr	M	Carneddau	M30			0:07:37	98	1:12:58	107	0:31:48	122	<b>1:52:23</b>	<b>107</b>	0:05:05	129
187	Bolton, Karl	M	Tri Preston	M40			0:07:10	69	1:14:29	122	0:30:54	101	<b>1:52:33</b>	<b>108</b>	0:04:45	89
438	Maguinness, Neil	M	Unattached	M30			0:07:26	84	1:13:58	116	0:31:21	111	<b>1:52:45</b>	<b>109</b>	0:05:10	141
321	Davies, Graham	M	Carneddau Tri Club	M40			0:07:55	116	1:14:57	127	0:29:54	76	<b>1:52:46</b>	<b>110</b>	0:04:57	113
206	Gardner, Philip	M		M30	Y		0:09:03	171	1:08:15	45	0:35:36	183	<b>1:52:54</b>	<b>111</b>	0:05:41	183
283	RHODES, DAVID	M		M40	Y		0:08:32	154	1:14:31	123	0:30:10	83	<b>1:53:13</b>	<b>112</b>	0:04:36	70
339	LAND, MARTIN	M	PADARN TRI	M30	Y		0:07:49	109	1:12:08	97	0:33:22	145	<b>1:53:19</b>	<b>113</b>	0:05:00	118
307	Crews, Jon	M	Thames Turbo	M30			0:07:37	95	1:15:24	131	0:30:19	89	<b>1:53:20</b>	<b>114</b>	0:05:03	126
431	Thomas, D. Gwyn	M		M30	Y		0:09:18	181	1:12:47	106	0:31:19	110	<b>1:53:24</b>	<b>115</b>	0:04:49	97
341	McGuire, Stuart Lloyd	M		M30			0:07:23	82	1:12:32	103	0:33:30	147	<b>1:53:25</b>	<b>116</b>	0:05:13	144
149	Cameron, Bruce	M	Zoom Tri Club	M60			0:06:01	12	1:15:21	130	0:32:08	126	<b>1:53:30</b>	<b>117</b>	0:05:16	150
399	Wall, Brian	M	RAFTA	M50			0:06:43	36	1:13:42	114	0:33:18	144	<b>1:53:43</b>	<b>118</b>	0:05:01	122
372	Jones, Berwyn	M	Padarn Tri	M50			0:07:28	85	1:13:02	108	0:33:37	148	<b>1:54:07</b>	<b>119</b>	0:05:40	182
128	Lightowler, Simon	M		M40			0:09:20	182	1:14:34	124	0:30:36	94	<b>1:54:30</b>	<b>120</b>	0:04:56	110
235	Loney, Chris	M	Chester Tri	M40			0:08:12	136	1:15:19	129	0:31:08	105	<b>1:54:39</b>	<b>121</b>	0:05:08	139
327	Riley, Duncan	M	SCARAB	M30			0:06:46	38	1:13:35	113	0:34:34	165	<b>1:54:55</b>	<b>122</b>	0:04:08	22
263	HARRISON, Luke	M		M20			0:08:08	129	1:15:38	134	0:31:11	108	<b>1:54:57</b>	<b>123</b>	0:04:13	31
345	Sutcliffe, Alan	M		M30	Y		0:07:41	100	1:16:23	142	0:31:23	112	<b>1:55:27</b>	<b>124</b>	0:04:44	86
286	Stibbards, James	M		M30	Y		0:07:10	69	1:15:32	133	0:32:47	139	<b>1:55:29</b>	<b>125</b>	0:05:17	151
299	robbins, keith	M	chester tri	M30			0:08:09	130	1:16:28	145	0:30:58	103	<b>1:55:35</b>	<b>126</b>	0:05:06	133
349	Amison, Martin	M		M20	Y	Y	0:06:57	50	1:16:25	143	0:32:14	129	<b>1:55:36</b>	<b>127</b>	0:04:47	92
204	Farr, Michael	M	Chester Tri Club	M40			0:08:07	127	1:14:48	126	0:32:43	137	<b>1:55:38</b>	<b>128</b>	0:04:45	87
458	Tetlow, Hans	M		M40			0:07:10	67	1:16:47	147	0:32:02	124	<b>1:55:59</b>	<b>129</b>	0:05:38	178
221	Johnson, Ian	M	Carneddau Tri	M40			0:08:28	151	1:15:55	136	0:31:37	115	<b>1:56:00</b>	<b>130</b>	0:05:18	154
191	Jones, Steffan	M	Eryri Harriers	M30	Y		0:09:43	192	1:16:13	141	0:30:09	82	<b>1:56:05</b>	<b>131</b>	0:04:41	81
260	Allon, Marcus	M		M30			0:08:34	156	1:15:31	132	0:32:10	127	<b>1:56:15</b>	<b>132</b>	0:05:08	139
436	Bennett, Nick	M	Sutton Harries	M30	Y		0:07:19	79	1:16:49	148	0:32:17	131	<b>1:56:25</b>	<b>133</b>	0:03:41	2
424	McGivern, Jamie	M	The Wirral Avago Tri S	M30			0:05:41	6	1:18:27	165	0:32:22	134	<b>1:56:30</b>	<b>134</b>	0:05:21	157
237	norton, adam	M		M30	Y		0:07:58	118	1:17:53	161	0:30:40	96	<b>1:56:31</b>	<b>135</b>	0:05:08	137

318	Williams, Ken	M		M40		Y	0:08:16	140	1:13:11	110	0:35:31	182	<b>1:56:58</b>	<b>136</b>	0:05:30	172
257	robinson, david	M		M30		Y	0:09:55	200	1:15:57	137	0:31:08	105	<b>1:57:00</b>	<b>137</b>	0:05:02	124
162	buckley, shaun	M		M30		Y	0:09:21	183	1:11:44	92	0:35:59	187	<b>1:57:04</b>	<b>138</b>	0:05:13	146
124	Wilcockson, David	M		M30		Y	0:08:12	135	1:16:26	144	0:33:09	142	<b>1:57:47</b>	<b>139</b>	0:04:51	102
367	Dilworth, Mike	M	padam tri	M50			0:06:13	17	1:17:28	156	0:34:10	156	<b>1:57:51</b>	<b>140</b>	0:05:55	197
377	Reece, Oliver	M	Scarab Tri	M20		Y	0:05:58	10	1:17:01	153	0:34:55	173	<b>1:57:54</b>	<b>141</b>	0:05:34	175
332	Spreadborough, Andrew	M	Ludlow Runners	M40			0:08:13	137	1:17:31	157	0:32:14	130	<b>1:57:58</b>	<b>142</b>	0:05:20	156
285	rosser, jim	M		M40			0:08:28	151	1:19:42	172	0:29:51	75	<b>1:58:01</b>	<b>143</b>	0:04:47	93
252	MORGAN, PHIL	M		M40		Y	0:08:05	124	1:17:36	158	0:32:40	136	<b>1:58:21</b>	<b>144</b>	0:05:06	130
380	Smith, Nigel	M		M30			0:07:56	117	1:16:00	138	0:34:32	163	<b>1:58:28</b>	<b>145</b>	0:05:26	164
207	Hague, Gary	M		M40			0:08:06	126	1:20:51	179	0:29:33	68	<b>1:58:30</b>	<b>146</b>	0:04:57	112
242	Sibley, Ralph	M	Scarab Tri Club	M40			0:08:01	120	1:16:51	149	0:33:40	150	<b>1:58:32</b>	<b>147</b>	0:05:11	143
146	Povey, Mark	M		M30		Y	0:09:43	192	1:14:05	118	0:34:44	169	<b>1:58:32</b>	<b>148</b>	0:05:50	188
173	Andrew, Paul	M	none	M30			0:09:34	189	1:18:29	166	0:30:34	92	<b>1:58:37</b>	<b>149</b>	0:04:30	55
243	Hunter, Julian	M	Wreccsam Tri Club	M50			0:07:37	93	1:14:18	121	0:36:54	195	<b>1:58:49</b>	<b>150</b>	0:06:21	213
324	Murray, Fergus	M	Wreccsam Tri	M30		Y	0:07:09	65	1:15:50	135	0:35:57	186	<b>1:58:56</b>	<b>151</b>	0:05:50	188
199	Williams, Martin	M	Carneddau Triahalon	M50			0:08:51	162	1:18:15	163	0:32:21	133	<b>1:59:27</b>	<b>152</b>	0:05:00	118
256	Rawlins, Adam	M		M30			0:08:16	140	1:18:33	168	0:32:46	138	<b>1:59:35</b>	<b>153</b>	0:05:29	168
457	Tetlow, Karl	M		M40			0:07:13	72	1:14:57	127	0:37:33	202	<b>1:59:43</b>	<b>154</b>	0:06:17	209
437	Morris, David	M		M40			0:10:00	201	1:12:14	99	0:37:48	204	<b>2:00:02</b>	<b>155</b>	0:06:06	204
140	GLOBE, STUART	M		M30			0:09:27	185	1:16:01	139	0:34:38	167	<b>2:00:06</b>	<b>156</b>	0:05:51	192
319	Chaggar-Brown, Jonathar	M		M40		Y	0:07:49	111	1:12:35	104	0:39:51	219	<b>2:00:15</b>	<b>157</b>	0:06:15	207
352	clayton, john	M	Carneddau Tri Club	M40			0:07:20	80	1:18:15	163	0:34:43	168	<b>2:00:18</b>	<b>158</b>	0:06:19	211
168	Matthews, Anthony	M		M50			0:09:51	198	1:16:05	140	0:34:27	160	<b>2:00:23</b>	<b>159</b>	0:05:29	168
262	Griffiths, Brian	M	Warrington Tri Club	M40			0:08:09	132	1:17:08	155	0:35:24	181	<b>2:00:41</b>	<b>160</b>	0:05:53	194
209	Ingham, Philip	M		M40		Y	0:09:13	179	1:14:07	119	0:37:31	200	<b>2:00:51</b>	<b>161</b>	0:05:50	188
292	Cole, Simon	M		M30			0:07:37	95	1:17:38	159	0:35:39	184	<b>2:00:54</b>	<b>162</b>	0:05:17	151
135	Welch, Ian	M	Manchester Tri	M40		Y	0:13:02	232	1:16:53	150	0:31:10	107	<b>2:01:05</b>	<b>163</b>	0:05:07	136
350	Armit, Tim	M		M40			0:08:08	128	1:21:44	184	0:31:46	119	<b>2:01:38</b>	<b>164</b>	0:05:01	121
213	Pennington, Andy	M		M30			0:10:16	206	1:19:13	169	0:32:20	132	<b>2:01:49</b>	<b>165</b>	0:04:34	67
198	stieler, mark	M		M40		Y	0:09:29	188	1:19:20	170	0:33:09	141	<b>2:01:58</b>	<b>166</b>	0:05:16	148
239	ROBINSON, DARRIN	M		M40			0:09:44	194	1:18:31	167	0:34:07	155	<b>2:02:22</b>	<b>167</b>	0:05:22	159
174	Anthony, Mike	M	Scarab tri	M50			0:07:33	90	1:17:56	162	0:37:05	196	<b>2:02:34</b>	<b>168</b>	0:05:46	185
107	Noden, Robert	M		M30		Y	0:10:22	208	1:21:00	180	0:31:43	118	<b>2:03:05</b>	<b>169</b>	0:04:54	106
291	Clapham, Simon	M	Scarab Tri	M40			0:08:17	144	1:16:45	146	0:38:16	209	<b>2:03:18</b>	<b>170</b>	0:05:50	188
250	Mapother, John	M		M30		Y	0:07:39	99	1:21:15	182	0:34:31	162	<b>2:03:25</b>	<b>171</b>	0:05:39	180
225	MOORE, CLIVE	M	N/A	M50		Y	0:09:22	184	1:20:20	175	0:33:45	152	<b>2:03:27</b>	<b>172</b>	0:05:06	130
200	Alston, Andrew	M	Climb on Bikes Herefo	M40			0:09:13	177	1:17:47	160	0:37:14	197	<b>2:04:14</b>	<b>173</b>	0:05:52	193
196	Mills, Stephen	M	None	M40			0:10:03	203	1:16:58	151	0:37:17	198	<b>2:04:18</b>	<b>174</b>	0:05:48	187
224	lyons, martin	M		M40		Y	0:08:57	167	1:20:38	176	0:35:15	179	<b>2:04:50</b>	<b>175</b>	0:05:32	173
160	whittaker, simon	M		M40			0:09:27	185	1:17:06	154	0:38:34	213	<b>2:05:07</b>	<b>176</b>	0:06:22	214
157	Preston, Andrew	M	Unattached	M30			0:10:07	205	1:19:27	171	0:35:43	185	<b>2:05:17</b>	<b>177</b>	0:05:24	161
253	Newing, Robert	M		M40		Y	0:08:26	149	1:25:29	203	0:31:28	113	<b>2:05:23</b>	<b>178</b>	0:04:59	116
152	DAVIES, MARK	M		M40		Y	0:07:31	88	1:23:24	192	0:34:37	166	<b>2:05:32</b>	<b>179</b>	0:05:54	195
217	Barnard, vincent	M		M40		Y	0:09:27	185	1:24:21	193	0:31:48	121	<b>2:05:36</b>	<b>180</b>	0:05:08	137
394	Robinson, Jason	M	Tri Preston	M30			0:06:29	28	1:21:02	181	0:38:45	214	<b>2:06:16</b>	<b>181</b>	0:07:41	230

300	Roberts, Guto Japheth	M		MJ	Y	0:07:31	89	1:29:11	210	0:29:47	74	<b>2:06:29</b>	<b>182</b>	0:04:26	47	
138	Davies, Paul	M	fontygary	M50		0:07:51	113	1:20:51	178	0:37:51	205	<b>2:06:33</b>	<b>183</b>	0:06:23	215	
270	Thomas, Simon	M		M30	Y	0:08:17	143	1:23:10	189	0:35:10	177	<b>2:06:37</b>	<b>184</b>	0:05:17	151	
142	hurst, andy	M	cheshire fire tri	M20	Y	0:09:01	170	1:25:28	202	0:33:00	140	<b>2:07:29</b>	<b>185</b>	0:04:52	104	
194	LOUDEN, GERARD	M		M30		0:08:56	166	1:22:09	185	0:36:24	192	<b>2:07:29</b>	<b>185</b>	0:06:01	203	
459	Waterworth, Bryan	M		M40		0:07:42	103	1:19:58	174	0:39:59	220	<b>2:07:39</b>	<b>187</b>	0:05:14	147	
159	Smith, Jon	M	The Scousers	M30		0:13:28	233	1:16:59	152	0:37:31	200	<b>2:07:58</b>	<b>188</b>	0:05:58	199	
278	Clamp, Guy	M		M40		0:08:58	168	1:21:21	183	0:37:42	203	<b>2:08:01</b>	<b>189</b>	0:06:13	206	
131	Poole, Brendan	M		M30	Y	0:11:17	221	1:23:19	191	0:33:37	148	<b>2:08:13</b>	<b>190</b>	0:05:27	166	
136	Wilcockson, Ian	M		M40	Y	0:09:48	196	1:23:11	190	0:35:18	180	<b>2:08:17</b>	<b>191</b>	0:05:57	198	
117	Jenkins, Guy	M	Hereford Triathlon Clu	M40		0:10:33	212	1:19:51	173	0:37:58	206	<b>2:08:22</b>	<b>192</b>	0:05:45	184	
180	PARRY, RICHARD	M		M30	Y	0:09:08	173	1:23:01	187	0:36:34	193	<b>2:08:43</b>	<b>193</b>	0:05:59	200	
197	Stevens, James	M		M30	Y	0:10:04	204	1:25:16	200	0:33:41	151	<b>2:09:01</b>	<b>194</b>	0:05:07	134	
212	Nicolay, Damien	M		M30	Y	0:08:23	147	1:24:24	194	0:36:15	189	<b>2:09:02</b>	<b>195</b>	0:05:23	160	
290	Burgess, Paul	M		M20	Y	0:09:09	174	1:24:58	198	0:35:09	176	<b>2:09:16</b>	<b>196</b>	0:05:13	144	
230	biddulph, colin	M		M40		0:09:39	191	1:20:48	177	0:39:07	215	<b>2:09:34</b>	<b>197</b>	0:06:36	220	
358	Millar, Craig	M		M30	Y	0:09:45	195	1:25:19	201	0:34:52	172	<b>2:09:56</b>	<b>198</b>	0:05:54	195	
164	Edwards, Owain	M		M30	Y	0:09:11	175	1:24:41	196	0:36:22	191	<b>2:10:14</b>	<b>199</b>	0:06:42	222	
274	Whitehead, Andrew	M		M20	Y	0:08:20	145	1:24:43	197	0:38:09	208	<b>2:11:12</b>	<b>200</b>	0:07:00	225	
195	LOUDEN, PETER	M		M40		0:11:46	223	1:25:16	199	0:34:21	157	<b>2:11:23</b>	<b>201</b>	0:05:40	181	
439	Swift, Darren	M		M30	Y	0:10:30	211	1:24:37	195	0:36:41	194	<b>2:11:48</b>	<b>202</b>	0:06:41	221	
148	Shakespeare, Stephen	M		M30	Y	Y	0:10:20	207	1:25:53	204	0:36:00	188	<b>2:12:13</b>	<b>203</b>	0:05:32	173
238	Roberts, Leigh	M	Llwb Tri Padarn	M40	Y	0:08:05	124	1:26:40	206	0:38:05	207	<b>2:12:50</b>	<b>204</b>	0:06:06	204	
139	Farrell, Peter	M	N/A	M40		0:10:38	213	1:22:35	186	0:39:40	217	<b>2:12:53</b>	<b>205</b>	0:06:20	212	
280	graham, naomi	M	merseytri	M30		0:08:50	161	1:30:00	214	0:36:21	190	<b>2:15:11</b>	<b>206</b>	0:06:00	202	
153	Evans, Nigel	M	Army	M40		0:09:04	172	1:23:04	188	0:43:12	224	<b>2:15:20</b>	<b>207</b>	0:07:05	226	
220	Hough, Rob	M	n/a	M40	Y	0:08:11	134	1:27:54	208	0:39:34	216	<b>2:15:39</b>	<b>208</b>	0:05:59	201	
150	Cochlin, Daniel	M	Mersey Tri	M30		0:08:09	130	1:29:03	209	0:38:30	212	<b>2:15:42</b>	<b>209</b>	0:05:27	165	
155	matthias, dave	M	cheshire fire tri	M30	Y	0:12:09	225	1:29:25	211	0:34:30	161	<b>2:16:04</b>	<b>210</b>	0:05:28	167	
141	hickson, darren	M	cheshire fire tri	M40	Y	0:12:38	227	1:29:25	211	0:34:32	164	<b>2:16:35</b>	<b>211</b>	0:05:29	168	
127	coley, edward	M		M40		0:11:39	222	1:26:32	205	0:38:26	211	<b>2:16:37</b>	<b>212</b>	0:06:27	216	
433	Grant, Edmund	M		M40		0:12:37	226	1:31:58	216	0:34:22	158	<b>2:18:57</b>	<b>213</b>	0:05:38	179	
454	Hodgkins, Nathan	M		M30	Y	0:09:53	199	1:33:59	219	0:35:11	178	<b>2:19:03</b>	<b>214</b>	0:05:10	141	
190	Humphreys, Paul	M	Cardenddau Tri	M40		Y	0:10:46	215	1:27:46	207	0:41:38	221	<b>2:20:10</b>	<b>215</b>	0:06:32	217
455	Hodgkins, Danny	M		M30	Y	0:09:34	189	1:35:41	223	0:37:26	199	<b>2:22:41</b>	<b>216</b>	0:06:16	208	
188	Gulliver, Vic	M	Preststatyn Running C	M60		0:10:40	214	1:34:26	220	0:38:23	210	<b>2:23:29</b>	<b>217</b>	0:05:06	130	
118	Johnson, Mike	M		M30	Y	0:10:22	208	1:30:53	215	0:43:49	226	<b>2:25:04</b>	<b>218</b>	0:06:35	219	
130	Lynn, David	M		M40	Y	0:11:02	218	1:32:44	218	0:41:49	222	<b>2:25:35</b>	<b>219</b>	0:06:32	218	
109	Roberts, Iorowerth	M	Carneddau	M60		0:15:31	235	1:36:58	225	0:33:59	154	<b>2:26:28</b>	<b>220</b>	0:05:35	176	
229	Wright, Chris	M	-	M20	Y	0:09:15	180	1:40:09	226	0:39:44	218	<b>2:29:08</b>	<b>221</b>	0:05:47	186	
111	Thomas, elfed	M		M40	Y	0:12:41	229	1:34:55	221	0:42:24	223	<b>2:30:00</b>	<b>222</b>	0:06:44	223	
169	O Sullivan, Neil	M		M20		0:10:01	202	1:45:15	230	0:35:00	174	<b>2:30:16</b>	<b>223</b>	0:05:37	177	
120	Morris, Wyn	M		M40	Y	0:11:04	219	1:29:30	213	0:52:02	232	<b>2:32:36</b>	<b>224</b>	0:07:32	229	
112	williams, humphrey	M	clwb ceffyl haearn	M60		Y	0:11:07	220	1:35:25	222	0:48:05	229	<b>2:34:37</b>	<b>225</b>	0:07:48	231
101	Brown, Aled	M		M30	Y	Y	0:10:47	216	1:40:26	227	0:44:11	227	<b>2:35:24</b>	<b>226</b>	0:07:19	227
144	Mobbs, Graham	M		M40		0:10:51	217	1:32:04	217	0:53:05	233	<b>2:36:00</b>	<b>227</b>	0:09:22	235	

183 Vann, John	M		M30		0:08:49	158	1:46:23	231	0:46:09	228	<b>2:41:21</b>	<b>228</b>	0:08:01	232
151 Critchley, Mark	M	Mace	M20	Y	0:08:49	159	1:49:59	234	0:43:22	225	<b>2:42:10</b>	<b>229</b>	0:06:18	210
121 Oldfield, Tony	M		M50	Y	0:12:47	230	1:35:41	223	0:54:10	235	<b>2:42:38</b>	<b>230</b>	0:08:17	233
106 Jones, Delme	M		M30	Y	0:18:14	236	1:50:21	235	0:35:05	175	<b>2:43:40</b>	<b>231</b>	0:05:21	157
216 * Batman, Mike Griffiths	M	Team Deviant	M30		0:12:54	231	1:41:18	229	0:50:25	231	<b>2:44:37</b>	<b>232</b>	0:03:49	7
215 * And Robin, Nathan Thor	M	Team Deviant	MJ	Y	0:13:44	234	1:41:00	228	0:53:53	234	<b>2:48:37</b>	<b>233</b>	0:06:56	224
104 Hughes, Colin David	M	SCARAB	M40		0:12:39	228	1:48:44	232	0:48:39	230	<b>2:50:02</b>	<b>234</b>	0:07:22	228
119 Jones, Trevor Wyn	M	Padarn Tri Club	M60		0:12:05	224	1:49:16	233	0:54:15	236	<b>2:55:36</b>	<b>235</b>	0:09:06	234
364 Train, Jon	M	Thames Turbo Triathlc	M40		0:06:25	24	10:13:25	236	0:29:45	72	<b>DNF</b>		10:04:44	236