

Individual - Male Open Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
473	Paine, Steven	M	Quintana Roo TFN Ra	M20			0:04:59	2	1:03:11	1	0:25:24	7	1:33:34	1		0:03:57	14
471	Stokes, Gavin	M	Tri UK	MJ			0:05:13	4	1:05:00	3	0:25:24	6	1:35:37	2		0:04:00	15
468	Lees, Euan	M	Thames Turbo Triathk	M30			0:05:44	9	1:06:28	4	0:24:38	2	1:36:50	3		0:03:28	2
446	Skipper, Paul	M	Team SABAR	M20			0:06:20	22	1:04:30	2	0:27:29	21	1:38:19	4		0:04:15	30
459	Murphy, Bradley	M	didsbury tri club	M30			0:05:33	7	1:08:11	10	0:24:39	3	1:38:23	5		0:03:45	8
450	Powell, Ben	M	Team TRI UK	MJ			0:06:25	26	1:07:38	9	0:25:33	8	1:39:36	6		0:03:42	5
460	Devonald, Roger	M	Pembrokeshire Triathl	M30			0:05:53	12	1:06:59	6	0:27:34	23	1:40:26	7		0:04:03	18
360	Battle, Gareth	M	Rhondda Tri	M30			0:06:56	37	1:07:09	7	0:26:38	13	1:40:43	8		0:03:44	6
420	Rainford, Chris	M	G. M. C. Fire Service	M40			0:07:05	41	1:06:57	5	0:27:31	22	1:41:33	9		0:04:14	28
417	Stokes, Vincent	M	Gwent Tri	M40			0:06:36	28	1:09:45	16	0:25:38	9	1:41:59	10		0:03:53	12
346	kenyon, matthew	M	n/a	M20			0:07:20	56	1:07:23	8	0:27:54	27	1:42:37	11		0:03:52	11
451	Bell, Robert	M	Didsbury Tri	M30			0:06:02	16	1:10:32	22	0:26:41	14	1:43:15	12		0:04:02	16
462	Richardson, Chris	M		M30			0:05:31	5	1:09:32	14	0:28:24	34	1:43:27	13		0:04:25	44
415	Burns, Anthony	M	Derby Triathlon Club	M40			0:07:17	52	1:10:28	21	0:25:59	10	1:43:44	14		0:03:19	1
448	Martin, Daniel	M	Thames Turbo	M30			0:05:53	11	1:08:53	11	0:29:13	47	1:43:59	15		0:04:17	35
422	Kerry, Martin	M	Tri Preston	M40			0:06:48	32	1:09:02	12	0:28:19	33	1:44:09	16		0:04:26	47
295	Jones, Paul	M	n/a	M40			0:07:50	81	1:09:58	18	0:26:53	16	1:44:41	17		0:04:12	27
469	Phillips, Thom	M	Padarn Tri	MJ			0:05:06	3	1:13:02	36	0:26:55	18	1:45:03	18		0:04:24	42
340	Stannard, Phil	M	Didsbury Tri Club	M20			0:08:20	104	1:10:03	20	0:26:49	15	1:45:12	19		0:04:16	34
416	Jenkins, Pete	M	Cerist	M40			0:06:39	29	1:10:00	19	0:29:19	49	1:45:58	20		0:04:29	55
436	Davies, Neil	M	Rhondda Tri Club	M30			0:07:36	66	1:09:29	13	0:28:57	40	1:46:02	21		0:04:20	39
354	Pateman, Matt	M	Thames Turbo Triathk	M20			0:07:20	56	1:13:38	44	0:26:18	12	1:47:16	22		0:04:02	16
349	Rees, Paul	M	Multisport RC	M40			0:07:22	58	1:11:24	25	0:28:44	38	1:47:30	23		0:04:24	43
345	Hutcheon, David	M	Northern Area Tri	M30			0:07:52	83	1:11:41	26	0:28:04	31	1:47:37	24		0:04:26	47
472	Campbell, Andrew	M	www.bianchibikes.co.uk	M30	Y		0:04:57	1	1:13:44	46	0:28:58	41	1:47:39	25		0:04:31	62
414	Farrelly, Michael	M	Thames Turbo Triathk	M30			0:06:24	24	1:11:14	23	0:30:31	73	1:48:09	26		0:04:30	57
444	Hamilton, Kevin	M		M40			0:07:17	52	1:13:18	39	0:27:40	25	1:48:15	27		0:04:28	52
428	Winn, Chris	M	Wrexam Tri	M30			0:06:13	19	1:13:19	40	0:28:45	39	1:48:17	28		0:04:11	24
336	Buckley, Derek	M		M40			0:08:13	98	1:12:55	33	0:27:12	19	1:48:20	29		0:04:27	49
367	Hayes, Richard	M	Wrexam Tri Club	M30			0:09:03	139	1:13:32	42	0:26:09	11	1:48:44	30		0:03:35	3
402	Meenan, Niall	M	merseytri	M20			0:06:57	38	1:14:39	53	0:27:13	20	1:48:49	31		0:03:52	10
291	Thomson, Andrew	M		M30	Y		0:09:56	176	1:09:54	17	0:29:05	46	1:48:55	32		0:04:14	28
449	hall, gareth	M	uwic tri	M20			0:06:15	20	1:12:04	28	0:31:06	91	1:49:25	33		0:05:01	119
427	williams, dafydd	M	Padarn Tri	M30			0:06:09	17	1:15:19	55	0:27:57	28	1:49:25	34		0:04:19	37
393	anderton, simon	M	Surf-Lines.co.uk	M40			0:07:10	47	1:15:42	61	0:26:54	17	1:49:46	35		0:04:15	31
254	Benton, Mark	M	Didsbury Triathlon Clu	M30			0:07:37	67	1:13:01	35	0:29:18	48	1:49:56	36		0:04:04	21
429	Herne, David	M	chorley ac	M40			0:07:18	54	1:13:36	43	0:29:29	51	1:50:23	37		0:04:04	20
287	underwood, stuart	M	birmingham rowheath	M30	Y		0:08:46	126	1:16:44	69	0:24:54	4	1:50:24	38		0:03:44	6
366	Hunter, Julian	M	Wrexham Tri Club	M50			0:07:44	77	1:11:14	23	0:31:31	101	1:50:29	39		0:05:02	121
187	Roxburgh, Simon	M	Carneddau Triathlon C	M30	Y		0:10:13	184	1:09:43	15	0:30:47	80	1:50:43	40		0:04:25	44
326	Evans, Paul	M	Wrexam Tri	M30			0:07:43	76	1:15:24	58	0:27:40	25	1:50:47	41		0:04:41	79
338	Arnold, Paul	M	Multisport Racing Clut	M30			0:07:13	49	1:12:45	31	0:30:51	84	1:50:49	42		0:04:41	76
324	Brown, Richard	M	Pembrokeshire Tri	M30			0:08:54	131	1:13:58	49	0:28:00	30	1:50:52	43		0:04:17	35
212	McFarlin, James	M	n/a	M30	Y		0:07:06	42	1:15:46	62	0:28:04	31	1:50:56	44		0:04:08	22

228	Parsons, Darren	M	Tequila Slammers	M30		0:08:53	130	1:12:01	27	0:30:08	65	1:51:02	45	0:04:25	44
132	jones, dylan	M	eryri harriers	M30	Y	0:11:43	211	1:15:08	54	0:24:13	1	1:51:04	46	0:03:42	4
350	Mason, Gary	M	Bournville Harriers	M30		0:08:01	88	1:12:37	30	0:30:39	75	1:51:17	47	0:04:35	67
410	percy, huw	M	padarn tri	M30		0:06:49	35	1:17:07	73	0:27:37	24	1:51:33	48	0:04:11	24
310	Hughes, Kevin	M		M30	Y	0:08:36	118	1:14:19	51	0:29:03	45	1:51:58	49	0:04:30	57
297	Cunnah, Dave	M	Didsbury Triathlon	M30	Y	0:07:57	86	1:13:53	48	0:30:13	67	1:52:03	50	0:04:46	83
266	Warren, Charles	M	Leeds Bradford Tri	M40		0:08:26	110	1:13:03	37	0:30:40	76	1:52:09	51	0:04:47	88
249	Latham, Jonathan	M	NA	M30	Y	0:08:14	99	1:12:56	34	0:31:16	98	1:52:26	52	0:04:52	105
343	osborne, peter	M	llanelli tri club	M40		0:08:40	121	1:18:37	94	0:25:11	5	1:52:28	53	0:03:53	12
380	Whiteley, Joshua	M		M30	Y	0:07:02	39	1:12:48	32	0:32:51	123	1:52:41	54	0:04:52	105
466	Spurr, Daniel	M		M20		0:05:31	5	1:17:08	75	0:30:19	69	1:52:58	55	0:04:33	63
392	Lewis, Graham John	M	Cerist	M30		0:07:42	73	1:14:23	52	0:30:54	86	1:52:59	56	0:04:30	57
309	Cleworth, Martin	M	Northern Area Tri	M30		0:07:28	64	1:13:42	45	0:31:52	107	1:53:02	57	0:04:50	101
394	Piesce, Giles	M	Northern Area TRI	M30		0:07:26	59	1:13:03	38	0:32:44	120	1:53:13	58	0:04:50	100
200	BROOKE, ANDREW	M		M40	Y	0:09:43	166	1:13:50	47	0:29:50	56	1:53:23	59	0:04:50	101
217	Phillips, Seb	M		M20	Y	0:09:12	144	1:12:23	29	0:31:57	109	1:53:32	60	0:04:56	112
368	Jones, Iorwerth	M	Wrexham Tri Club	M40		0:07:56	85	1:17:06	72	0:28:35	36	1:53:37	61	0:04:27	49
421	Jones, Gary	M	Shrewsbury Masters	M30		0:06:49	34	1:16:35	68	0:30:27	72	1:53:51	62	0:04:22	41
351	Bennewith, Mark	M	3M Gorseinon Road R	M30		0:07:26	60	1:15:53	65	0:30:50	83	1:54:09	63	0:04:40	75
385	Jones, Dorian	M		M20	Y	0:06:28	27	1:18:08	86	0:29:53	57	1:54:29	64	0:04:34	65
245	Fry, Michael	M		M30		0:08:52	129	1:15:23	57	0:30:16	68	1:54:31	65	0:04:16	33
314	Coates, Simon	M		M20	Y	0:08:08	94	1:15:22	56	0:31:13	97	1:54:43	66	0:04:20	38
424	Sheehan, Matt	M	Tequila Slammers	M40		0:06:43	31	1:17:29	79	0:30:49	81	1:55:01	67	0:04:47	88
379	Barrett, Tim	M	Mersey Tri	M20		0:07:06	44	1:18:41	96	0:29:29	52	1:55:16	68	0:04:38	73
461	Goff, Martin	M		M30		0:05:43	8	1:17:11	77	0:32:42	119	1:55:36	69	0:04:36	70
375	Harding, Tim	M	Carneddau Tri	M40		0:07:48	80	1:18:13	87	0:29:39	54	1:55:40	70	0:04:35	67
447	Knowles, Vincent	M		M30		0:06:11	18	1:18:41	97	0:30:55	87	1:55:47	71	0:04:29	55
224	Jones, Mark	M	Llanelli tri	M40		0:08:55	132	1:16:34	67	0:30:21	70	1:55:50	72	0:04:41	76
437	Leamon, Howard	M	N/A	M20		0:06:42	30	1:17:51	83	0:31:19	99	1:55:52	73	0:04:47	88
319	Yeomans, Craig	M		M30		0:08:59	135	1:17:08	74	0:30:06	64	1:56:13	74	0:04:30	60
412	brown, steven	M		M20		0:07:08	46	1:20:42	116	0:28:34	35	1:56:24	75	0:04:59	115
211	SANDLES, ROBERT	M	3M GORSEINON RO	M30		0:09:19	148	1:18:27	91	0:28:39	37	1:56:25	76	0:04:12	26
273	phillips, robin	M	wrecsam tri	M50		0:08:17	103	1:14:14	50	0:32:10	111	1:56:41	77	0:02:00	74
276	Patrick, Nick	M	Sheffield Triathlon Clu	M40		0:08:35	116	1:17:24	78	0:30:51	84	1:56:50	78	0:04:28	51
278	Amison, Martin	M		M20	Y	0:07:30	65	1:18:13	88	0:31:11	94	1:56:54	79	0:04:28	52
308	Blount, Andrew	M	Chester Tri	M30		0:09:51	167	1:13:26	41	0:33:42	137	1:56:59	80	0:04:58	114
333	Cartwright, Gary	M		M30		0:08:24	109	1:20:43	117	0:27:59	29	1:57:06	81	0:04:28	52
387	Brown, Andy	M	Didsbury Tri Club	M20		0:07:38	70	1:19:12	103	0:30:25	71	1:57:15	82	0:04:59	115
372	Morris, Thomas	M		M30	Y	0:07:08	45	1:20:20	114	0:29:48	55	1:57:16	83	0:04:36	70
207	EVANS, NOEL	M	Tri Up & Running Che	M40	Y	0:08:30	113	1:18:16	89	0:30:43	78	1:57:29	84	0:04:35	69
407	Griffiths, Mike	M	Team Deviant	M30		0:07:04	40	1:19:49	109	0:30:40	76	1:57:33	85	0:03:48	9
425	Lowther, Craig	M	Didsbury Triathlon Clu	M30		0:06:23	23	1:17:08	75	0:34:03	143	1:57:34	86	0:05:31	157
260	Jones, Martin	M	Carneddau Tri	M40		0:09:57	177	1:17:43	81	0:29:56	61	1:57:36	87	0:04:45	82
306	George, Michael	M		M50		0:08:22	107	1:16:17	66	0:33:00	126	1:57:39	88	0:05:25	150
328	Boxhall, Andrew	M	Brecon Multisport	M30		0:08:14	99	1:19:35	105	0:29:53	58	1:57:42	89	0:04:21	40
434	obrien, martin	M	didsbury tri club	M40		0:05:59	15	1:17:53	84	0:34:00	142	1:57:52	90	0:05:15	138
262	Maguinness, Neil	M	Wrecsam Tri Club	M30		0:07:14	50	1:20:58	120	0:29:55	60	1:58:07	91	0:04:38	72
208	Turner, Craig	M	Adwick Tri	M30		0:07:47	79	1:17:47	82	0:32:33	114	1:58:07	92	0:04:50	101

381 Bolton, Karl	M	Preston Tri	M40	Y	0:06:48	33	1:19:37	106	0:31:45	106	1:58:10	93	0:04:48	96
198 Webster, Richard	M	Multisport Racing Clut	M50		0:10:30	193	1:18:52	101	0:28:58	41	1:58:20	94	0:04:33	63
371 McAdie, Gair	M	Team Deviant	M20		0:08:06	93	1:19:07	102	0:31:12	95	1:58:25	95	0:04:47	88
453 Owen, gwion meilir	M	padarn tri	MJ		0:05:58	14	1:19:55	110	0:32:44	121	1:58:37	96	0:05:16	139
378 myles, chris	M	Shrewsbury Masters	M40		0:07:16	51	1:19:40	107	0:31:53	108	1:58:49	97	0:04:46	83
105 Lynch, John	M	Non-affiliated	M30		0:08:41	124	1:15:47	63	0:34:26	148	1:58:54	98	0:04:56	111
205 Pennington, Andy	M	u/a	M30		0:09:34	159	1:19:17	104	0:30:03	62	1:58:54	99	0:04:15	31
356 Williams, Ken	M		M40	Y	0:08:28	112	1:15:39	60	0:35:16	154	1:59:23	100	0:05:14	134
168 godfrey, chris	M		M30	Y	0:10:56	202	1:15:33	59	0:32:56	124	1:59:25	101	0:05:06	126
110 Lightowler, Simon James	M		M30	Y	0:10:42	197	1:18:49	100	0:29:54	59	1:59:25	102	0:04:46	85
374 travers, ian	M		M30		0:07:45	78	1:18:31	92	0:33:11	129	1:59:27	103	0:04:54	107
318 Cowan, Charles	M		M50		0:08:01	88	1:16:50	71	0:34:49	150	1:59:40	104	0:05:32	158
206 Roberts, Trevor	M	Thornbury Running Cl	M60		0:08:48	127	1:16:46	70	0:34:13	146	1:59:47	105	0:05:34	160
176 Owen, Noel Rhys	M		M30	Y	0:08:15	102	1:19:57	111	0:31:43	105	1:59:55	106	0:04:48	92
399 Sanders, Chris	M		M30	Y	0:08:02	91	1:22:31	134	0:29:31	53	2:00:04	107	0:04:11	23
388 Chaggar-Brown, Jonathar	M		M40	Y	0:07:42	75	1:15:51	64	0:37:11	175	2:00:44	108	0:05:41	166
376 Allon, Marcus	M	Thames Turbo	M30		0:08:11	97	1:18:43	98	0:33:50	139	2:00:44	109	0:05:19	145
285 Morris, Ben	M		M30		0:07:10	48	1:21:32	128	0:32:04	110	2:00:46	110	0:05:23	148
238 CAMERON, BRUCE	M	POOLE TRI CLUB	M60		0:10:37	196	1:17:40	80	0:32:35	117	2:00:52	111	0:04:59	115
426 SANDERS, Rob	M		M30	Y	0:07:57	86	1:18:25	90	0:34:32	149	2:00:54	112	0:05:04	124
316 Jordan, robert	M		M30	Y	0:08:20	104	1:19:59	112	0:32:41	118	2:01:00	113	0:05:10	131
409 Dilworth, Mike	M	Padam Tri	M50		0:06:24	24	1:22:55	137	0:31:42	104	2:01:01	114	0:05:14	134
382 GRAY, IAN	M	MERSEY-TRI	M20	Y	0:08:34	115	1:21:49	131	0:30:45	79	2:01:08	115	0:04:42	80
230 lloyd', gary	M	Total Bike Swindon	M20		0:09:13	146	1:20:53	118	0:31:11	93	2:01:17	116	0:04:03	18
457 McGivern, Jamie	M	The Wirral Avago Tri	M30		0:05:57	13	1:24:37	151	0:30:56	88	2:01:30	117	0:05:12	132
373 Brewster, Matt	M	Thames Turbos	M20	Y	0:07:06	42	1:18:35	93	0:35:49	162	2:01:30	117	0:05:59	183
299 Michell, Nick	M		M30	Y	0:09:02	136	1:20:22	115	0:32:15	112	2:01:39	119	0:04:57	113
279 Harrison, Luke	M		M20		0:08:40	121	1:22:30	133	0:31:01	90	2:02:11	120	0:04:30	60
320 Rosser, James	M		M40		0:09:02	136	1:24:01	145	0:29:23	50	2:02:26	121	0:04:46	85
344 Hague, Gary	M		M40	Y	0:08:14	99	1:25:11	153	0:29:01	44	2:02:26	121	0:04:50	101
418 Cole, Simon	M	Tri Preston	M30		0:07:26	61	1:21:32	128	0:33:44	138	2:02:42	123	0:05:05	125
362 platt, paul	M	merseytri	M30		0:07:37	69	1:21:00	122	0:34:08	144	2:02:45	124	0:05:06	126
408 Smith, Nigel	M		M30		0:06:53	36	1:19:41	108	0:36:42	172	2:03:16	125	0:05:52	174
452 ANTHONY, DEAN	M		M20		0:05:46	10	1:24:14	148	0:33:20	132	2:03:20	126	0:04:48	92
226 Norman, Peter	M	Wrecsam Tri	M60		0:09:52	170	1:21:09	124	0:32:34	116	2:03:35	127	0:04:49	97
270 biddulph, colin	M	na	M40	Y	0:09:42	164	1:18:44	99	0:35:30	159	2:03:56	128	0:04:56	110
272 Pearce, Ian	M	Wrecsam Tri	M30		0:08:39	119	1:23:00	140	0:32:47	122	2:04:26	129	0:05:18	142
341 Jones, Gethin	M	Team Deviant	M30		0:07:37	67	1:23:34	141	0:33:29	133	2:04:40	130	0:05:03	123
267 Robinson, Darrin	M		M30		0:09:12	144	1:21:17	125	0:34:21	147	2:04:50	131	0:05:19	144
312 Spreadborough, Andrew	M	Ludlow Runners	M40	Y	0:07:19	55	1:26:24	160	0:31:41	103	2:05:24	132	0:04:54	107
289 RILEY, DUNCAN	M	SCARAB	M30	Y	0:07:39	71	1:24:07	147	0:33:40	136	2:05:26	133	0:05:08	129
342 roberts, gareth	M	Padam	M40		0:07:42	73	1:22:57	139	0:34:52	151	2:05:31	134	0:05:20	147
335 Roach, Justin	M		M20		0:08:27	111	1:23:56	143	0:33:10	128	2:05:33	135	0:04:54	107
404 Jones, Emlyn	M		M30		0:08:01	88	1:24:32	150	0:33:31	135	2:06:04	136	0:05:30	154
400 Smith, Steve	M	Wrecsam Tri	M50		0:07:55	84	1:22:52	136	0:35:21	157	2:06:08	137	0:05:33	159
115 Boardman, Jez	M		M40	Y	0:08:49	128	1:21:37	130	0:35:57	163	2:06:23	138	0:05:02	121
209 Galloway, Simon	M	Todmorden Harriers	M40	Y	0:08:56	133	1:28:46	170	0:29:00	43	2:06:42	139	0:04:48	92
236 WILLIAMS, DEULYN	M		M30		0:09:17	147	1:24:07	146	0:33:58	141	2:07:22	140	0:06:05	190

167 Matthews, Anthony	M		M50			0:10:10	182	1:22:09	132	0:35:20	155	2:07:39	141	0:05:35	161
435 Murphy, Liam	M		M20			0:06:16	21	1:23:45	142	0:37:40	177	2:07:41	142	0:05:26	153
301 Robinson, David	M		M30	Y		0:10:45	198	1:24:28	149	0:32:33	114	2:07:46	143	0:05:16	139
159 mckendry, leigh	M	n/a	M30	Y		0:09:33	158	1:20:59	121	0:37:43	178	2:08:15	144	0:06:01	186
221 White, Gary	M		M30			0:11:07	204	1:18:40	95	0:38:33	188	2:08:20	145	0:06:01	185
271 Newing, Robert	M		M40		Y	0:08:35	116	1:28:56	171	0:30:49	81	2:08:20	146	0:04:49	99
264 Buckley, Shaun	M	N/A	M20	Y		0:10:09	180	1:18:02	85	0:40:10	197	2:08:21	147	0:05:50	172
263 Morris, David	M		M40	Y		0:09:27	155	1:21:08	123	0:37:46	180	2:08:21	148	0:05:53	175
204 Pomford, Mark	M	cheshire fire tri	M20	Y		0:08:31	114	1:28:22	169	0:31:30	100	2:08:23	149	0:04:48	92
138 Povey, Mark	M		M30	Y		0:10:36	195	1:20:54	119	0:36:55	174	2:08:25	150	0:05:55	178
196 Barnard, Vincent	M		M30	Y	Y	0:09:24	151	1:26:42	162	0:32:21	113	2:08:27	151	0:05:19	145
141 Jones, Gavin Wyn	M		M20	Y	Y	0:09:56	174	1:23:58	144	0:35:36	160	2:09:30	152	0:06:15	195
281 CLAPHAM, SIMON	M	SCARAB TRI	M40			0:08:39	119	1:22:32	135	0:38:21	185	2:09:32	153	0:05:38	163
125 Shakespeare, Stephen	M		M30	Y		0:10:16	187	1:25:23	154	0:33:58	140	2:09:37	154	0:05:08	130
322 Thelwall-Jones, Simon	M	Oswestry Olympians	M30	Y		0:08:42	125	1:29:23	172	0:31:33	102	2:09:38	155	0:05:14	134
182 Alston, Andrew	M	Climb on Bikes, Heref	M40	Y		0:10:15	186	1:20:18	113	0:39:09	191	2:09:42	156	0:06:16	197
173 Batterham, Andy	M	NA	M30	Y		0:10:53	201	1:25:33	156	0:33:17	131	2:09:43	157	0:05:01	118
194 Evans, John Gwynn	M	Cerist	M50			0:10:30	192	1:28:08	167	0:31:10	92	2:09:48	158	0:05:01	119
170 Murfin, Gary	M		M40	Y		0:12:42	214	1:21:23	126	0:36:17	164	2:10:22	159	0:05:42	168
122 Russell, David	M		M20	Y		0:08:57	134	1:30:56	182	0:30:57	89	2:10:50	160	0:04:41	78
370 Anthony, Michael	M	Scarab Tri	M50			0:07:27	62	1:24:37	152	0:39:27	192	2:11:31	161	0:06:01	186
244 whittaker, simon	M	none	M40	Y		0:09:54	172	1:21:28	127	0:40:17	198	2:11:39	162	0:06:31	203
143 Jones, Steffan	M		M30	Y		0:11:46	212	1:27:16	163	0:30:37	74	2:11:39	162	0:04:49	98
127 Jenkins, Guy	M	Hereford Triathlon Clu	M40	Y		0:11:08	206	1:22:56	138	0:38:51	190	2:12:55	164	0:05:59	183
237 Longley, Gerald	M	Wrecsam Tri	M40	Y		0:10:30	191	1:26:04	158	0:36:23	166	2:12:57	165	0:05:25	150
323 Horrocks, Robert	M	Rochdale Triathlon	M50			0:09:03	139	1:31:05	183	0:33:04	127	2:13:12	166	0:05:07	128
150 Williams, Martin Garth	M	Eryri Harriers	M50	Y		0:09:51	167	1:27:17	164	0:36:17	164	2:13:25	167	0:05:15	137
321 Dickenson, Shane	M		M40			0:09:22	150	1:26:08	159	0:37:59	183	2:13:29	168	0:06:15	196
222 haworth, nicholas	M		M40	Y		0:08:02	91	1:33:29	190	0:32:59	125	2:14:30	169	0:05:31	156
161 Globe, Stuart	M		M30	Y		0:09:56	174	1:27:53	166	0:36:47	173	2:14:36	170	0:05:58	181
307 Longfield, Paul	M	Didsbury Triathlon	M20	Y		0:07:40	72	1:33:27	189	0:33:29	133	2:14:36	170	0:04:34	66
431 Clark, Jenny	M	Team Deviant	M20			0:07:27	62	1:30:03	177	0:37:44	179	2:15:14	172	0:05:50	173
101 Davies, Mike	M		M30	Y		0:09:43	165	1:27:47	165	0:37:51	181	2:15:21	173	0:05:47	170
118 Jones, Rhodri	M		M30	Y		0:09:40	163	1:35:55	196	0:30:10	66	2:15:45	174	0:04:47	87
202 Edwards, Owain	M		M30	Y		0:09:20	149	1:30:05	178	0:36:35	169	2:16:00	175	0:05:17	141
215 Walker - Jesse, Adam	M		M30	Y		0:09:02	136	1:30:26	181	0:36:33	167	2:16:01	176	0:05:30	155
172 Burnett, Andy	M		M30	Y		0:11:20	207	1:28:08	167	0:36:40	170	2:16:08	177	0:05:37	162
296 Judd, Marcus	M		M30	Y		0:10:08	179	1:29:36	174	0:36:34	168	2:16:18	178	0:05:54	177
232 Moore, Clive	M		M40	Y		0:09:36	161	1:31:44	185	0:35:25	158	2:16:45	179	0:05:41	166
213 Owens, Brendan	M	Didsbury Triathlon Clu	M40			0:09:25	152	1:29:33	173	0:37:53	182	2:16:51	180	0:05:47	170
225 Middleton, Richard	M		M30	Y		0:08:11	96	1:29:56	176	0:39:49	194	2:17:56	181	0:05:39	165
174 Loudon, Peter	M	Warrington Triathlon	M40			0:11:21	208	1:32:32	187	0:34:09	145	2:18:02	182	0:05:25	150
233 Rogers, Raymond	M		M50			0:09:39	162	1:30:19	180	0:38:13	184	2:18:11	183	0:06:48	206
203 Hallworth, Martin	M		M40	Y		0:09:05	142	1:36:10	197	0:33:12	130	2:18:27	184	0:05:18	143
191 Robertson, Drew	M		M40	Y		0:09:53	171	1:30:15	179	0:38:25	187	2:18:33	185	0:05:55	178
235 Humphreys, Paul	M		M40		Y	0:10:25	188	1:31:35	184	0:36:40	170	2:18:40	186	0:05:38	163
219 Evans, Nigel	M		M40	Y		0:09:25	152	1:26:32	161	0:42:58	206	2:18:55	187	0:06:41	204
269 Lamprey, colin	M		M40			0:08:10	95	1:29:41	175	0:41:10	202	2:19:01	188	0:06:23	199

214	Walton, Eric	M		M40			0:10:09	181	1:34:01	192	0:35:20	155	2:19:30	189		0:05:53	175
139	Farrell, Peter	M		M40	Y		0:12:23	213	1:25:30	155	0:40:30	201	2:20:23	190	0:02:00	0:06:21	198
327	Williams, Gwyn	M		M40	Y		0:10:13	183	1:32:53	188	0:38:21	185	2:21:27	191		0:05:44	169
163	Lindley, Austin	M		M20	Y		0:11:07	205	1:35:32	195	0:35:02	152	2:21:41	192		0:05:13	133
223	Diamond, Tim	M		M40			0:09:08	143	1:34:01	193	0:38:40	189	2:21:49	193		0:06:14	194
369	Wakeley, Jonathan	M		M30	Y		0:08:20	104	1:33:54	191	0:40:07	196	2:22:21	194		0:06:30	202
142	Corcoran, John	M		M40	Y		0:11:25	210	1:25:35	157	0:45:45	212	2:22:45	195		0:06:56	208
280	Mapother, John	M		M30	Y		0:07:50	81	1:36:23	198	0:40:23	199	2:24:36	196		0:06:13	193
199	Marshall, Dennis	M		M50	Y		0:09:27	155	1:39:38	202	0:35:44	161	2:24:49	197		0:05:58	181
317	James, Alex	M		M20	Y		0:08:23	108	1:42:51	206	0:35:06	153	2:26:20	198		0:05:24	149
181	Waugh, Andrew	M		M30	Y		0:10:06	178	1:31:54	186	0:44:47	210	2:26:47	199		0:06:57	209
137	Randles, Phil	M	n/a	M30	Y		0:10:57	203	1:35:17	194	0:41:56	204	2:28:10	200		0:06:29	201
189	Cochlin, Daniel	M	Mersey Tri	M30			0:09:35	160	1:38:50	200	0:40:24	200	2:28:49	201		0:06:08	191
111	Best, Andrew	M	Adwick Tri	M40			0:10:14	185	1:43:20	208	0:39:42	193	2:33:16	202		0:06:01	186
165	Hatton, Dave	M		M40	Y		0:10:25	188	1:39:39	203	0:43:43	207	2:33:47	203		0:06:23	199
183	Burns, Emma	M		M20	Y		0:09:04	141	1:42:40	204	0:42:30	205	2:34:14	204		0:06:42	205
130	Williams, Humphrey	M		M50	Y	Y	0:10:29	190	1:37:45	199	0:46:21	214	2:34:35	205		0:07:33	213
144	jeffs, Joe	M		MJ	Y	Y	0:09:51	167	1:45:19	209	0:41:28	203	2:36:38	206		0:06:04	189
304	Houghton, stuart	M		M30	Y		0:09:55	173	1:49:48	211	0:37:14	176	2:36:57	207		0:05:55	178
243	Mills, Steve	M		M40	Y		0:09:26	154	1:42:52	207	0:45:33	211	2:37:51	208		0:07:49	214
169	Louden, Gerard	M	Warrington	M30			0:10:46	199	1:42:47	205	0:44:29	209	2:38:02	209		0:07:08	210
242	Wakeley, Martin	M		M30	Y		0:09:30	157	1:51:14	213	0:40:01	195	2:40:45	210		0:06:12	192
151	Mobbs, Graham	M		M40	Y		0:10:49	200	1:38:50	200	0:52:34	216	2:42:13	211		0:08:08	215
153	Grant, Edmund	M		M40	Y		0:11:22	209	2:00:47	215	0:31:12	95	2:43:21	212		0:04:44	81
140	Brown, Aled	M		M30	Y	Y	0:10:32	194	1:49:06	210	0:44:04	208	2:43:42	213		0:06:49	207
216	Woodall, I. W. J.	M		M20			0:15:56	216	1:51:06	212	0:46:08	213	2:53:10	214		0:07:08	211
126	Phillips, Andy	M		M40	Y		0:14:11	215	1:53:18	214	0:48:45	215	2:56:14	215		0:07:16	212
248	Gisby, Martin	M		M20	Y		0:08:41	123	6:03:00	216	0:30:04	63 DNF		5:00:00		#N/A	