

## Individual - Male Open Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
315	McParland, Daniel	M		M30			0:05:44	4	0:46:12	1	0:23:21	1	1:15:17	1		0:03:41	3
317	Wood, Chris	M		M30			0:06:34	12	0:49:05	3	0:24:53	4	1:20:32	2		0:03:51	6
302	Brassington, Huw Jack	M		M20		Y	0:05:20	2	0:51:31	5	0:23:58	3	1:20:49	3		0:04:04	10
241	Jones, Dylan	M	Cerist tri	M20		Y	0:06:22	8	0:51:46	6	0:23:52	2	1:22:00	4		0:02:33	1
276	Birks, Ben	M	Chester Tri	M30			0:07:28	33	0:48:37	2	0:26:50	10	1:22:55	5		0:04:14	13
304	ROGERS, PAUL	M	BLACKCOUNTRY TR	M40			0:07:36	39	0:51:03	4	0:26:36	9	1:25:15	6		0:04:26	19
311	Rushton, Daniel	M		M30		Y	0:07:22	29	0:52:51	9	0:25:09	5	1:25:22	7		0:03:48	5
290	Parry Jones, Glenn	M		M40			0:05:40	3	0:52:21	8	0:28:19	20	1:26:20	8		0:04:19	15
140	Spencer, Duncan	M	alwayssaimhighevents.	M30			0:06:30	11	0:53:29	11	0:28:06	17	1:28:05	9		0:04:04	10
210	Griffiths, Dylan	M	Clwb Seiclo Madog	M30			0:07:10	26	0:53:52	14	0:27:05	13	1:28:07	10		0:04:29	22
176	Plews, Graham	M	Calderdale Tri Club	M60			0:07:34	37	0:53:58	15	0:27:41	15	1:29:13	11		0:04:28	21
179	farnell, nicholas	M	ludlow cycling club	M50			0:08:34	74	0:53:30	12	0:27:29	14	1:29:33	12		0:04:23	17
286	Brown, Paul	M	Chester Tri Club	M40			0:06:54	19	0:55:00	19	0:28:13	18	1:30:07	13		0:04:24	18
236	Winder, David	M		M50			0:06:29	10	0:56:49	23	0:27:01	12	1:30:19	14		0:04:01	9
108	Wills, Brian	M		M40			0:07:30	35	0:53:40	13	0:29:25	23	1:30:35	15		0:04:36	25
136	Parsons, Darren	M	Newcastle(Staffs) Tri	M40			0:09:07	87	0:53:25	10	0:28:17	19	1:30:49	16		0:04:11	12
125	Jones, Craig	M	Eryri Harriers	M40			0:09:37	99	0:55:59	20	0:25:32	6	1:31:08	17		0:03:57	8
283	eckloff, preston	M	brats	M50			0:06:56	20	0:54:03	16	0:31:00	39	1:31:59	18		0:05:13	55
141	Burgess, Peter	M	chester tri club	M30		Y	0:08:01	54	0:54:18	17	0:30:11	32	1:32:30	19		0:04:34	24
228	pedley, christopher	M	black country triathlete	M60			0:07:47	45	0:52:04	7	0:32:41	61	1:32:32	20		0:05:17	58
156	smith, david	M		M30			0:06:06	7	0:58:52	27	0:28:57	21	1:33:55	21		0:04:33	23
251	Cartwright, Gary	M		M40			0:07:00	23	1:01:15	45	0:26:18	7	1:34:33	22		0:04:20	16
203	Whyte, Greg	M		M40			0:04:54	1	1:00:51	43	0:29:42	26	1:35:27	23		0:04:46	32
289	WATERS-PEACH, ANDR	M	BRATS	M40			0:07:52	47	0:54:50	18	0:32:53	65	1:35:35	24		0:04:48	34
264	Tyler, Jonathan	M	surflines	M30			0:08:14	59	0:56:39	21	0:31:02	40	1:35:55	25		0:04:54	38
320	Allday, Charles	M		M40		Y	0:09:37	99	0:56:44	22	0:29:38	25	1:35:59	26		0:04:46	31
105	Bolton, Karl	M		M40			0:07:27	32	0:58:59	30	0:30:01	29	1:36:27	27		0:04:45	30
114	Gallimore, David	M	Warrington Tri Club	M40			0:07:11	27	0:59:23	32	0:30:03	30	1:36:37	28		0:04:41	27
246	Wilson, Matthew	M		M30			0:09:04	84	1:00:46	42	0:26:55	11	1:36:45	29		0:04:15	14
120	bird, phil	M	mersey tri	M50			0:09:17	93	0:59:37	35	0:27:59	16	1:36:53	30		0:04:46	32
200	Myles, Chris	M	Shrewsbury Masters	M50			0:07:26	31	1:00:20	40	0:29:32	24	1:37:18	31		0:03:43	4
137	Whiteley, Josh	M		M40		Y	0:06:45	17	0:58:40	25	0:32:04	52	1:37:29	32		0:05:04	52
254	Rigby, Mark	M	Harlech	M40			0:07:30	35	0:59:59	37	0:30:43	36	1:38:12	33		0:04:57	40
149	Bolton, Simon	M		M40			0:08:20	65	0:59:33	33	0:30:32	35	1:38:25	34		0:04:52	36
161	O'Brien, Mark	M		M20			0:10:25	111	1:01:54	53	0:26:23	8	1:38:42	35		0:03:31	2
138	Stibbards, James	M		M30		Y	0:06:38	15	0:59:35	34	0:32:30	56	1:38:43	36		0:05:33	79
150	Westhead, Steven	M	Tri Team Wigan and L	M40			0:07:24	30	1:00:19	38	0:31:04	42	1:38:47	37		0:04:55	39
226	Fowler, Anthony	M		M50			0:08:31	71	0:59:22	31	0:31:03	41	1:38:56	38		0:05:01	47
308	Caine, robert	M		M30		Y	0:08:27	70	1:00:52	44	0:29:49	28	1:39:08	39		0:04:27	20
111	Booth, Jon	M		M30		Y	0:10:18	110	0:58:52	28	0:30:05	31	1:39:15	40		0:09:00	125
107	Bridgstock, Neil	M		M30		Y	0:08:31	71	0:57:22	24	0:34:48	78	1:40:41	41		0:04:59	43
201	Mckendry, Leigh	M		M40			0:09:38	101	0:58:52	29	0:32:30	56	1:41:00	42		0:05:26	67
221	Roberts, Dylan	M	N/A	M40			0:07:00	22	1:03:17	58	0:30:46	37	1:41:03	43		0:05:00	44

152 Williams, Max	M	Wrexham Tri	M40		0:07:54	52	1:01:37	49	0:31:35	47	<b>1:41:06</b>	<b>44</b>	0:03:56	7	
131 Shelton, Mark	M		M50		0:08:18	64	0:58:51	26	0:34:50	79	<b>1:41:59</b>	<b>45</b>	0:05:38	83	
235 Knott, Shane	M	MerseyTri	M30	Y	0:07:07	24	1:01:36	48	0:33:28	70	<b>1:42:11</b>	<b>46</b>	0:05:51	91	
116 Cartwright, Ben	M		M30	Y	0:09:18	94	1:03:15	57	0:29:42	26	<b>1:42:15</b>	<b>47</b>	0:04:44	29	
151 Williams, Karl	M		M30	Y	Y	0:09:10	89	1:00:19	38	0:32:49	63	<b>1:42:18</b>	<b>48</b>	0:05:02	48
208 Evitts, Julian	M	Chester Tri	M30		0:08:23	68	1:02:37	56	0:31:23	45	<b>1:42:23</b>	<b>49</b>	0:04:59	41	
218 Globet, Stuart	M		M40		0:08:12	58	1:01:25	47	0:32:53	65	<b>1:42:30</b>	<b>50</b>	0:05:39	84	
113 Birchall, David	M	Triteam Wigan	M50		0:08:11	57	1:02:29	55	0:32:00	51	<b>1:42:40</b>	<b>51</b>	0:05:34	81	
319 King Sheard, Martin	M	Carneddua Tri	M30		0:06:39	16	0:59:54	36	0:36:09	94	<b>1:42:42</b>	<b>52</b>	0:05:13	55	
104 Terry, Shaun	M		M40	Y	0:07:35	38	1:00:39	41	0:34:32	77	<b>1:42:46</b>	<b>53</b>	0:05:34	80	
266 Roberts, Elfyn	M		M20	Y	Y	0:07:38	41	1:07:03	80	0:29:19	22	<b>1:44:00</b>	<b>54</b>	0:04:38	26
299 Humphreys, Simon	M	TRiKS	M30		0:06:36	14	1:04:24	63	0:33:02	67	<b>1:44:02</b>	<b>55</b>	0:04:53	37	
238 Owain, Gerallt	M		M20	Y	Y	0:08:56	82	1:01:43	50	0:34:01	74	<b>1:44:40</b>	<b>56</b>	0:05:15	57
269 merritt, david	M		M20	Y		0:07:52	47	1:06:13	74	0:31:14	44	<b>1:45:19</b>	<b>57</b>	0:05:09	54
146 Coombs, Paul	M	City of Chester	M20	Y		0:07:15	28	1:02:25	54	0:36:03	93	<b>1:45:43</b>	<b>58</b>	0:05:27	69
314 Sanderson, Andy	M		M50		Y	0:08:44	77	1:06:01	72	0:31:05	43	<b>1:45:50</b>	<b>59</b>	0:05:26	65
174 Timpson, W. James	M		M40			0:08:08	55	1:05:01	66	0:32:41	62	<b>1:45:50</b>	<b>60</b>	0:05:27	68
162 holmes, nicholas	M	tattenhall runners	M50	Y		0:08:17	63	1:07:20	86	0:30:26	33	<b>1:46:03</b>	<b>61</b>	0:04:42	28
232 Cole, Simon	M		M40			0:06:35	13	1:05:28	68	0:35:02	80	<b>1:47:05</b>	<b>62</b>	0:05:32	77
103 dilworth, mike	M	padarn tri	M60			0:06:26	9	1:06:46	78	0:33:56	72	<b>1:47:08</b>	<b>63</b>	0:05:25	64
239 Yeomans, Craig	M		M40			0:09:09	88	1:07:07	82	0:31:26	46	<b>1:47:42</b>	<b>64</b>	0:05:00	46
287 blackwell, bob	M	rhos on sea cycling cl	M50			0:08:56	82	1:01:16	46	0:37:30	96	<b>1:47:42</b>	<b>64</b>	0:06:12	100
198 Somers, Peter	M		M40				#N/A		#N/A	0:37:38	97	<b>1:48:02</b>	<b>66</b>	0:06:45	118
143 Kerfoot, Emyr	M	Chester Triathlon Clu	M40	Y		0:09:43	104	1:07:44	90	0:30:46	37	<b>1:48:13</b>	<b>67</b>	0:05:42	88
166 Jackson, Glenn	M		M40	Y		0:08:42	76	1:06:56	79	0:32:39	60	<b>1:48:17</b>	<b>68</b>	0:04:59	42
291 Miller, Adam	M	Cerist Tri	M40		Y	0:08:22	67	1:04:20	62	0:35:50	89	<b>1:48:32</b>	<b>69</b>	0:05:28	71
205 Owen, Dave	M		M40			0:08:21	66	1:07:25	89	0:32:51	64	<b>1:48:37</b>	<b>70</b>	0:05:39	84
145 Smith, Nigel	M		M40			0:06:46	18	1:09:33	98	0:32:31	58	<b>1:48:50</b>	<b>71</b>	0:05:29	72
148 Short, John	M		M50			0:10:44	115	1:05:51	70	0:32:15	53	<b>1:48:50</b>	<b>72</b>	0:04:52	35
180 Banning, Sean	M		M40	Y		0:08:16	61	1:08:15	93	0:32:27	54	<b>1:48:58</b>	<b>73</b>	0:05:27	69
281 Loughton, Chris	M	Cerist Tri	M40			0:07:28	33	1:01:53	52	0:39:47	111	<b>1:49:08</b>	<b>74</b>	0:07:22	120
298 Thomas, Meurig	M	City of Chester Triathl	M40			0:07:37	40	1:06:05	73	0:35:34	86	<b>1:49:16</b>	<b>75</b>	0:05:24	63
233 Donoghue, Paul	M	Buckley Runners	M40	Y		0:11:45	122	1:07:24	88	0:30:32	34	<b>1:49:41</b>	<b>76</b>	0:05:00	44
258 evans, craig	M		M40			0:10:14	109	1:06:14	75	0:33:20	69	<b>1:49:48</b>	<b>77</b>	0:05:31	75
117 Hallworth, Martin	M		M50			0:07:52	49	1:10:05	99	0:31:59	50	<b>1:49:56</b>	<b>78</b>	0:05:18	59
225 PUGH, TERRY	M		M40			0:08:25	69	1:09:10	96	0:32:35	59	<b>1:50:10</b>	<b>79</b>	0:05:02	48
139 evans, alun	M		M30	Y	Y	0:10:08	107	1:08:15	93	0:32:27	55	<b>1:50:50</b>	<b>80</b>	0:05:19	61
195 Jones, Malcolm R	M	Eryri Harriers	M60			0:10:09	108	1:05:07	67	0:35:41	87	<b>1:50:57</b>	<b>81</b>	0:05:32	77
277 hughes, david	M	arfon masters swimmi	M40			0:05:47	5	1:10:11	100	0:35:09	82	<b>1:51:07</b>	<b>82</b>	0:06:08	99
209 Hughes, Mac	M		M50			0:09:21	96	1:07:12	83	0:35:22	84	<b>1:51:55</b>	<b>83</b>	0:05:53	93
316 Brazier, Len	M		M40			0:08:16	61	1:04:25	64	0:39:16	109	<b>1:51:57</b>	<b>84</b>	0:06:04	97
115 WHITE, CHARLES	M	BEACON RCC	M50			0:07:44	44	1:03:18	59	0:40:58	113	<b>1:52:00</b>	<b>85</b>	0:06:35	108
272 Hobley, Mark	M		M40	Y		0:09:12	90	1:03:54	60	0:39:01	107	<b>1:52:07</b>	<b>86</b>	0:06:18	102
217 KIMBERLEY, SIMON	M		M50			0:07:54	51	1:01:45	51	0:43:07	119	<b>1:52:46</b>	<b>87</b>	0:07:58	123
159 Mathews, Ed	M		M40	Y		0:09:32	98	1:08:57	95	0:34:22	75	<b>1:52:51</b>	<b>88</b>	0:05:29	72
158 Leonard, John	M		M50	Y		0:09:13	92	1:07:52	91	0:35:51	91	<b>1:52:56</b>	<b>89</b>	0:05:26	65
219 Riden, Mark	M	Hafren cycling Club	M50			0:08:52	79	1:05:41	69	0:38:27	101	<b>1:53:00</b>	<b>90</b>	0:06:16	101

247 Jones, David	M		M50	Y	Y	0:09:18	95	1:05:52	71	0:37:55	100	<b>1:53:05</b>	<b>91</b>	0:06:18	102
177 WALSH, LINDSAY	M		M50			0:12:24	123	1:07:14	84	0:33:57	73	<b>1:53:35</b>	<b>92</b>	0:05:46	90
192 Cameron, Bruce	M	Poole Runners	M60			0:11:18	120	1:07:18	85	0:35:14	83	<b>1:53:50</b>	<b>93</b>	0:05:54	94
106 Lockhart, Keith	M		M40			0:08:48	78	1:09:12	97	0:35:50	90	<b>1:53:50</b>	<b>93</b>	0:05:40	86
273 Owen, John Rhys	M	Padarn tri	M30	Y		0:09:41	103	1:05:00	65	0:39:49	112	<b>1:54:30</b>	<b>95</b>	0:06:06	98
127 Hanna, Eric	M		M50	Y		0:12:34	124	1:08:10	92	0:35:04	81	<b>1:55:48</b>	<b>96</b>	0:05:30	74
181 Norman, Peter	M	Wreccsam Tri	M60			0:11:11	118	1:04:01	61	0:41:06	114	<b>1:56:18</b>	<b>97</b>	0:06:20	104
240 Jones, Elwyn	M	Cerist	M60			0:10:42	112	1:12:31	106	0:33:10	68	<b>1:56:23</b>	<b>98</b>	0:05:21	62
112 Calland, Ian	M	Lowton Sparrows	M50			0:09:12	90	1:11:06	104	0:36:16	95	<b>1:56:34</b>	<b>99</b>	0:06:03	96
157 Bailey, Edmund	M		M30	Y		0:11:37	121	1:13:31	108	0:31:46	48	<b>1:56:54</b>	<b>100</b>	0:05:02	48
199 Lowe, Andrew	M		M50			0:06:59	21	1:06:41	77	0:43:37	121	<b>1:57:17</b>	<b>101</b>	0:06:43	115
285 Bratt, Andrew	M		M40	Y		0:16:35	127	1:07:04	81	0:33:39	71	<b>1:57:18</b>	<b>102</b>	0:05:31	76
164 NEWING, ROBERT ANDI	M		M50		Y	0:08:54	81	1:16:50	116	0:31:53	49	<b>1:57:37</b>	<b>103</b>	0:05:04	53
257 Semple, Paul	M		M50			0:07:53	50	1:10:46	102	0:39:11	108	<b>1:57:50</b>	<b>104</b>	0:06:40	113
279 Evans, Nigel	M		M50		Y	0:09:24	97	1:07:20	87	0:41:45	116	<b>1:58:29</b>	<b>105</b>	0:06:36	110
165 Llwyd, Gwion	M		M40	Y		0:09:53	105	1:11:47	105	0:37:50	99	<b>1:59:30</b>	<b>106</b>	0:05:43	89
128 Pickles, Chris	M		M60			0:10:44	114	1:14:09	110	0:35:44	88	<b>2:00:37</b>	<b>107</b>	0:05:41	87
155 Williams, Nefyn	M		M50			0:08:08	55	1:06:27	76	0:46:28	125	<b>2:01:03</b>	<b>108</b>	0:06:42	114
132 Gilmore, James	M		M20	Y		0:07:42	43	1:19:06	120	0:34:25	76	<b>2:01:13</b>	<b>109</b>	0:05:19	60
211 Hough, Rob	M		M30			0:09:06	85	1:10:36	101	0:41:48	117	<b>2:01:30</b>	<b>110</b>	0:06:43	115
224 yallop, ian	M	cerist	M50		Y	0:08:15	60	1:15:06	114	0:38:42	103	<b>2:02:03</b>	<b>111</b>	0:06:35	108
256 Windle, Daron	M	Telford Harriers	M40			0:08:33	73	1:17:44	118	0:35:55	92	<b>2:02:12</b>	<b>112</b>	0:05:34	82
306 williams, john c	M	cerist	M50			0:09:56	106	1:13:37	109	0:39:20	110	<b>2:02:53</b>	<b>113</b>	0:06:34	107
187 rayner, haydn	M		M40	Y	Y	0:11:13	119	1:14:10	111	0:38:35	102	<b>2:03:58</b>	<b>114</b>	0:05:52	92
309 Jones, Emyr	M		M40	Y		0:10:56	117	1:14:34	112	0:38:46	104	<b>2:04:16</b>	<b>115</b>	0:05:58	95
189 Greenfield, Adam	M		M40	Y	Y	0:10:47	116	1:14:53	113	0:38:50	106	<b>2:04:30</b>	<b>116</b>	0:06:32	106
274 Gatrell, Mark	M		M40	Y		0:09:07	86	1:12:54	107	0:43:43	122	<b>2:05:44</b>	<b>117</b>	0:06:39	112
250 BISHOP, MIKE	M		M40			0:10:43	113	1:10:51	103	0:44:15	124	<b>2:05:49</b>	<b>118</b>	0:06:43	115
301 Baugh, Chris	M	Chester Triathlon Club	M50	Y		0:09:39	102	1:18:38	119	0:42:47	118	<b>2:11:04</b>	<b>119</b>	0:07:33	122
184 Jones, Kelvin	M		M50	Y	Y	0:13:41	125	1:17:15	117	0:41:14	115	<b>2:12:10</b>	<b>120</b>	0:07:30	121
295 Jones, Mark	M		M40	Y	Y	0:14:00	126	1:15:18	115	0:43:58	123	<b>2:13:16</b>	<b>121</b>	0:06:39	111
160 O'Brien, Luke	M		M20	Y		0:08:42	75	1:31:38	123	0:35:23	85	<b>2:15:43</b>	<b>122</b>	0:05:03	51
182 Hemms, Joel	M		M40			0:07:39	42	1:31:27	122	0:38:47	105	<b>2:17:53</b>	<b>123</b>	0:06:55	119
223 Sharp, Cynan Rhys	M		MJ	Y	Y	0:06:00	6	1:35:30	124	0:37:48	98	<b>2:19:18</b>	<b>124</b>	0:06:26	105
178 Slinger, Philip	M	Chester tri	M40			0:08:54	80	1:24:19	121	0:55:10	126	<b>2:28:23</b>	<b>125</b>	0:10:21	126
260 Coleman, Paul	M		M30			0:07:56	53	1:54:43	125	0:43:25	120	<b>2:48:04</b>	<b>126</b>	0:02:00	124
172 Hall, Alex	M	City of Chester Triathl	M20			0:07:07	24		#N/A		#N/A	<b>DNF</b>			#N/A
296 Carr, Graham	M		M40	Y	Y	0:07:49	46		#N/A		#N/A	<b>DNF</b>			#N/A