

Individual - Male Open Results

Num.	Full Name	Sex	Club	Category	Nov.	Loc.	SwimTime	Swim Posn	BikeTime	Bike Posn	RunTime	Run Posn	Total Time	Posn	Penalty	Hill Time	Posn
530	Campbell, Andy	M	WreccsamTri	M30			0:05:11	1	0:46:49	1	0:26:10	16	1:18:10	1		0:03:55	12
260	Lewis, Alan	M		M30	Y		0:06:21	23	0:48:07	3	0:24:25	3	1:18:53	2		0:03:39	5
278	Shaw, Hamish	M	Scarab Tri Club	M20			0:05:18	2	0:48:20	4	0:25:49	13	1:19:27	3		0:04:06	27
423	Connell, Arthur	M	revolution bikes	M30			0:05:52	11	0:48:25	6	0:25:15	6	1:19:32	4		0:03:50	9
518	Murray, Iain	M	Chester Tri	M40			0:05:42	4	0:49:01	9	0:25:32	7	1:20:15	5		0:03:05	1
261	ellis, garry	M	padarn tri	M40			0:07:01	55	0:48:03	2	0:26:40	23	1:21:44	6		0:04:20	47
494	Jones, Dylan	M	cerist tri	M20	Y	Y	0:06:55	45	0:49:59	13	0:25:07	5	1:22:01	7		0:03:44	7
475	edwards, vince	M	Padarn Tri	M40			0:06:32	26	0:49:46	12	0:25:48	12	1:22:06	8		0:04:02	19
449	Roberts, Adrian	M	Ystwyth	M40			0:06:33	27	0:49:35	11	0:26:13	19	1:22:21	9		0:04:02	18
473	Nelson, Felix	M		M40	Y		0:07:17	72	0:49:16	10	0:25:52	15	1:22:25	10		0:04:04	25
402	Brassington, Huw Jack	M		M20	Y	Y	0:05:40	3	0:51:10	17	0:25:39	8	1:22:29	11		0:04:01	15
458	Roberts, Richard	M	Eryri Harriers	M30			0:06:04	16	0:54:06	42	0:22:42	1	1:22:52	12		0:03:40	6
478	rainford, chris	M	GMC FIRE SERVICE	M40			0:07:17	75	0:48:24	5	0:27:25	30	1:23:06	13		0:04:15	35
459	Derbyshire, Marc	M	Ellesmere Swim & Tri	M30	Y		0:06:12	20	0:50:20	15	0:27:23	27	1:23:55	14		0:04:23	54
510	Musgrove, Mark	M	Ellesmere Swim Sche	M30			0:07:14	69	0:48:56	8	0:27:53	39	1:24:03	15		0:04:16	38
241	Butterworth, Scott	M	Carneddau Triathlon C	M40			0:06:49	42	0:50:13	14	0:27:30	32	1:24:32	16		0:04:18	41
519	myers, simon	M	bolton triathlonclub	M40			0:05:46	6	0:52:33	25	0:26:31	20	1:24:50	17		0:04:02	19
244	Jones, Paul	M		M40			0:07:59	109	0:51:14	18	0:25:47	11	1:25:00	18		0:04:10	30
325	Worthington, Steven	M	Manchester Triathlon	M20			0:06:42	34	0:52:43	26	0:25:43	10	1:25:08	19		0:03:37	4
531	Evans, Paul Allen	M	wreccsamtri	M40			0:07:14	67	0:51:56	20	0:26:11	18	1:25:21	20		0:05:02	126
264	Gittins, Mark	M	Chester Tri	M30			0:06:45	39	0:53:55	40	0:24:56	4	1:25:36	21		0:03:53	10
340	Edgar, David	M		M40			0:06:53	44	0:53:18	33	0:25:39	9	1:25:50	22		0:03:53	10
232	morton, iwan	M	clwb rasio mona	M30			0:06:39	30	0:48:27	7	0:30:45	91	1:25:51	23		0:04:50	106
410	Partridge, Ted	M	Wreccsam Tri	M50	Y		0:09:04	180	0:52:48	28	0:24:06	2	1:25:58	24		0:03:35	2
395	williams, dafydd	M	eryri harriers	M40			0:06:04	15	0:52:56	30	0:27:03	26	1:26:03	25		0:04:06	27
161	Smallbone, Rob	M	Mersey Tri	M30			0:06:26	25	0:52:07	21	0:27:59	43	1:26:32	26		0:04:14	34
352	winder, david	M		M40			0:06:39	30	0:53:55	40	0:26:10	16	1:26:44	27		0:03:56	13
348	Kilpatrick, Phil	M	Derby Tri Club	M20			0:06:48	40	0:51:01	16	0:29:41	70	1:27:30	28		0:04:35	73
405	Hanna, Mark	M		M30			0:06:55	47	0:52:58	31	0:27:59	42	1:27:52	29		0:04:18	41
113	de Winton, David	M	Chester Tri	M30	Y		0:05:53	12	0:52:44	27	0:29:19	63	1:27:56	30		0:04:31	69
281	weston, jason	M	chester triathlon club	M40			0:07:13	65	0:52:11	23	0:28:55	56	1:28:19	31		0:04:42	87
143	Buften, Paul	M		M30			0:06:13	21	0:53:22	35	0:28:50	54	1:28:25	32		0:04:30	68
536	evans, charles	M	OOTri	MJ			0:06:08	19	0:53:48	39	0:28:47	53	1:28:43	33		0:04:23	54
444	farnell, nicholas	M	ludlow triathlon club	M50			0:08:00	111	0:53:00	32	0:27:51	38	1:28:51	34		0:04:22	52
295	Plumtree, Simon	M	Ashurst Bike Club	M40			0:07:42	88	0:53:46	38	0:27:30	32	1:28:58	35		0:04:04	24
292	hindle, tony	M	fylde tri club	M40			0:07:37	85	0:53:24	36	0:28:06	47	1:29:07	36		0:04:09	29
427	edwards, ronald	M	carneddai	M30			0:05:43	5	0:55:47	60	0:27:41	35	1:29:11	37		0:04:22	51
334	Greenwood, Simon	M	Chester Tri	M40			0:07:49	94	0:53:19	34	0:28:05	46	1:29:13	38		0:04:20	47
361	Parry Jones, Glenn	M	Carneddau tri	M40			0:05:47	7	0:52:23	24	0:31:19	101	1:29:29	39		0:04:45	91
413	Palmer, Glenn	M	Black Knights Tri	M40			0:07:06	57	0:54:34	46	0:27:58	41	1:29:38	40		0:04:18	41
188	Spencer, Duncan	M	N Wales Fire and Res	M30			0:06:43	35	0:54:35	47	0:28:24	48	1:29:42	41		0:04:27	62
501	Sheehan, Matthew	M	Mercia Fell Runners	M40			0:06:18	22	0:55:27	55	0:28:03	45	1:29:48	42		0:04:14	33
305	HILL, RICHARD	M	STAFFORD TRIATHL	M40			0:06:37	28	0:51:50	19	0:31:28	106	1:29:55	43		0:04:48	102
341	carson, david	M		M40		Y	0:08:01	113	0:55:02	52	0:26:55	25	1:29:58	44		0:04:20	47
124	Roberts, Andy	M		M40			0:07:44	90	0:53:42	37	0:29:06	59	1:30:32	45		0:04:15	35
368	Buckley, Derek	M	Fylde Tri	M50			0:07:52	96	0:54:43	49	0:28:03	44	1:30:38	46		0:04:29	64
403	Schofield, Paul	M	Manchester Triathlon	M40			0:07:02	56	0:57:22	74	0:26:39	22	1:31:03	47		0:04:11	31
437	wright, nic	M		M50			0:07:06	57	0:54:19	43	0:30:04	78	1:31:29	48		0:04:57	117

276	JOHNSON, ANDREW	M		M40		0:09:16	190	0:54:20	44	0:27:57	40	1:31:33	49	0:04:23	53
522	HUMPHREYS, ALUN	M	Wreccsam Tri	M40		0:08:19	140	0:54:56	50	0:28:45	52	1:32:00	50	0:04:23	54
469	monk, robert	M	chester tri	M50		0:05:49	10	0:54:25	45	0:31:55	117	1:32:09	51	0:04:54	113
358	Price, Anthony	M		M40		0:07:43	89	0:55:07	53	0:29:35	69	1:32:25	52	0:04:32	70
224	Mason, Gary	M		M40		0:08:26	150	0:52:09	22	0:31:55	118	1:32:30	53	0:04:37	76
239	Gallimore, David	M	Warrington Tri	M30		0:07:26	79	0:55:51	61	0:29:27	66	1:32:44	54	0:04:32	70
450	friswell, ian	M	chester tri	M50		0:07:53	100	0:54:37	48	0:30:31	86	1:33:01	55	0:04:26	60
145	Hill, John	M		M40	Y	0:07:30	81	0:56:24	65	0:29:10	60	1:33:04	56	0:04:01	15
366	Astbury, Steven	M	Buckley Cycling Club	M30		0:07:24	77	0:56:08	64	0:29:42	71	1:33:14	57	0:04:36	74
242	Parsons, Darren	M	Tequila Slammers	M40		0:08:50	165	0:55:34	56	0:29:00	57	1:33:24	58	0:04:23	54
123	pegler, ben	M	revolution-cycles.co.uk	M30	Y	0:08:29	153	0:52:54	29	0:32:12	122	1:33:35	59	0:05:04	133
367	Whiteley, Joshua	M	Harlech Tri Club	M30	Y	0:06:37	29	0:56:30	67	0:31:00	96	1:34:07	60	0:04:44	89
506	hobson, mark	M	Ciwb Rasio Mona	M40		0:06:58	49	0:56:50	68	0:30:30	85	1:34:18	61	0:04:46	96
347	Budworth, Karl	M		M30		0:07:44	91	0:57:55	80	0:28:43	51	1:34:22	62	0:04:21	50
380	Underwood, Stuart	M	Sparkhill Harriers	M40	Y	0:09:34	201	0:58:15	85	0:26:36	21	1:34:25	63	0:04:02	19
204	O'farrell, john	M		M40		0:06:58	49	0:58:34	91	0:29:04	58	1:34:36	64	0:04:38	79
282	Fry, Michael	M		M40		0:08:16	135	0:57:43	78	0:28:51	55	1:34:50	65	0:04:18	45
137	Wills, Brian	M		M40	Y	0:08:21	143	0:55:39	58	0:30:55	95	1:34:55	66	0:04:36	74
465	Lynes, Phillip	M		M20		0:06:07	18	1:01:13	116	0:27:42	36	1:35:02	67	0:04:15	35
392	lewis, graham	M		M40		0:07:10	60	0:55:58	62	0:31:59	120	1:35:07	68	0:04:52	107
433	bowen, simon	M		M30	Y	0:07:25	78	1:00:58	113	0:26:48	24	1:35:11	69	0:04:16	38
497	Harrison, David	M	Dark Peak Fell Runne	M40		0:08:19	141	0:57:08	71	0:29:57	75	1:35:24	70	0:04:40	85
125	Bright, Adam	M		M40	Y	0:09:15	189	0:55:19	54	0:30:54	94	1:35:28	71	0:04:37	76
154	Jones, Iorwerth	M		M30	Y	0:08:15	134	0:57:58	82	0:29:28	67	1:35:41	72	0:04:18	41
538	Strange, Paul	M	SYTri	M30	Y	0:05:47	7	1:02:06	128	0:27:50	37	1:35:43	73	0:04:25	59
464	Hurst, Dan	M	Alf Jones Cycles	M30	Y	0:07:59	109	0:57:05	70	0:30:39	90	1:35:43	74	0:04:29	64
331	Hare, Phil	M		M50		0:08:07	125	0:57:55	80	0:29:50	73	1:35:52	75	0:04:49	104
298	Bolton, Karl	M	n/a	M40		0:07:12	64	0:57:51	79	0:30:52	93	1:35:55	76	0:04:54	114
378	Miller, Dominique	M	City of Chester Triathl	M40		0:06:05	17	0:58:25	88	0:31:33	109	1:36:03	77	0:05:03	129
273	reynolds, sean	M		M40		0:08:57	171	0:55:36	57	0:31:32	107	1:36:05	78	0:04:45	93
454	Jones, Andy	M	North Wales Road Ru	M30	Y	0:08:35	156	0:57:35	76	0:30:00	77	1:36:10	79	0:04:28	63
338	Jones, Steffan	M	Llyn CC	M40		0:10:12	217	0:56:02	63	0:30:07	80	1:36:21	80	0:04:38	82
401	Scarisbrick, Paul	M		M30	Y	0:08:06	123	1:00:51	111	0:27:31	34	1:36:28	81	0:04:47	100
461	Clamp, Guy	M		M50		0:08:16	135	0:56:28	66	0:31:49	115	1:36:33	82	0:05:02	126
537	Skett, Matthew	M	Chester Tri	M30	Y	0:07:13	65	0:57:30	75	0:31:52	116	1:36:35	83	0:05:31	190
290	KIMBERLEY, SIMON	M	BLACK COUNTRY Tri	M50		0:07:17	72	0:57:58	82	0:31:45	112	1:37:00	84	0:05:07	141
288	Fairlamb, Martyn	M	Carneddau	M40		0:09:32	200	0:57:09	73	0:30:32	87	1:37:13	85	0:04:46	98
371	Sanders, Paul	M	SCARAB Tri	M20		0:08:11	129	0:59:26	98	0:29:44	72	1:37:21	86	0:04:46	98
275	White, Kevin	M		M30		0:08:24	146	0:57:02	69	0:31:58	119	1:37:24	87	0:05:09	147
106	Mansfield, David	M	Chester Triathlon Club	M40		0:08:25	148	0:59:55	104	0:29:11	61	1:37:31	88	0:04:38	79
218	Richards, Barry	M		M40		0:06:44	38	1:01:24	120	0:29:25	65	1:37:33	89	0:04:52	109
127	Williams, John Barry	M	Wreccsam Triathlon Cl	M50		0:08:46	161	0:54:58	51	0:33:51	165	1:37:35	90	0:05:38	203
283	Butterworth, Keith	M		M50		0:08:40	159	0:58:31	90	0:30:27	83	1:37:38	91	0:04:58	120
419	Davies, Elwyn	M		M40		0:08:59	172	1:01:13	115	0:27:29	31	1:37:41	92	0:03:59	14
234	Bolton, Simon	M		M40		0:08:37	157	0:58:12	84	0:31:03	97	1:37:52	93	0:04:57	119
431	russell, brian	M	pembstri	M50		0:09:20	191	0:59:09	97	0:29:33	68	1:38:02	94	0:04:46	96
212	WINDLE, DARON	M	STAFFORD TRIATHLON	M40		0:07:32	82	0:59:02	95	0:31:36	110	1:38:10	95	0:05:08	142
190	Jones, Sion	M		M40		0:08:25	148	0:58:20	87	0:31:25	104	1:38:10	95	0:04:38	79
356	Wilson, Matthew	M		M30	Y	0:09:38	202	1:01:19	117	0:27:23	27	1:38:20	97	0:04:04	25
158	Durrell, Richard	M		M30	Y	0:06:58	49	1:00:59	114	0:30:28	84	1:38:25	98	0:04:45	95
222	Mitchell, Mark	M		M30	Y	0:08:06	123	0:59:47	102	0:30:36	89	1:38:29	99	0:04:29	64
263	O'Sullivan, Seamus	M	Carneddau	M40	Y	0:08:01	113	0:59:33	99	0:31:14	99	1:38:48	100	0:04:43	88

415 Alcock, Steve	M	Man Tri	M30		0:07:52	96	1:00:37	109	0:30:22	81	1:38:51	101	0:04:32	70
532 Brooke, Andrew	M		M50		0:08:14	132	0:57:42	77	0:32:55	140	1:38:51	101	0:05:22	171
343 Bolton, Nigel	M	Black Country Triathlon	M30		0:08:04	119	0:58:27	89	0:32:20	125	1:38:51	103	0:04:52	109
238 Jeffs, Joe	M		M20	Y	0:07:15	70	1:01:37	123	0:30:05	79	1:38:57	104	0:04:40	84
157 Lloyd, Ritson	M		M30	Y	0:07:37	84	0:58:57	94	0:32:49	136	1:39:23	105	0:05:04	134
252 Hemms, Joel	M		M40		0:06:40	33	1:00:11	106	0:33:05	145	1:39:56	106	0:04:45	91
360 Bird, Phil	M	wallasey ac	M40	Y	0:10:30	221	1:02:37	136	0:27:24	29	1:40:31	107	0:04:19	46
318 Maire, Andy	M	Mersey Tri	M40		0:08:56	169	1:00:34	108	0:31:05	98	1:40:35	108	0:05:02	126
258 cartwright, gary	M		M40		0:07:07	59	1:07:48	197	0:25:49	13	1:40:44	109	0:04:01	17
426 Jones, Glyn	M		M40		0:11:09	230	0:57:08	71	0:32:31	129	1:40:48	110	0:05:21	168
274 White, Gary	M		M40		0:10:54	227	0:55:41	59	0:34:24	179	1:40:59	111	0:05:18	163
272 highfield, kenny	M	sneyd striders	M40	Y	0:09:00	173	1:02:10	129	0:29:53	74	1:41:03	112	0:04:17	40
255 McGivern, Jamie	M		M30		0:05:53	12	1:02:50	141	0:32:26	127	1:41:09	113	0:05:29	183
490 Jones, Dafydd	M	Eryri	M30	Y	0:08:00	111	1:03:53	151	0:29:17	62	1:41:10	114	0:04:29	64
438 Thomas, Meurig	M	City of Chester Triathl	M40		0:07:11	61	1:00:33	107	0:33:34	160	1:41:18	115	0:05:23	174
192 JONES, DAVID	M	Carneddau	M40		0:08:55	167	1:03:00	143	0:29:23	64	1:41:18	116	0:04:27	61
129 pickles, marc	M		M30	Y	0:08:05	121	1:00:05	105	0:33:09	149	1:41:19	117	0:05:17	162
416 Dickinson, Tony	M		M30		0:08:02	117	0:58:48	93	0:34:35	182	1:41:25	118	0:05:24	175
414 morris, sean	M		M30	Y	0:06:48	40	1:02:27	133	0:32:14	124	1:41:29	119	0:04:59	122
108 Roberts, Simon	M		M40	Y	0:09:12	185	0:59:44	101	0:32:38	134	1:41:34	120	0:05:08	144
116 cheetham, paul	M		M50		0:08:38	158	0:59:51	103	0:33:06	148	1:41:35	121	0:04:55	115
259 Yeomans, Craig	M		M40		0:09:03	179	1:00:56	112	0:31:47	113	1:41:46	122	0:05:09	147
428 roberts, aled	M		M30	Y	0:09:31	198	1:03:51	150	0:28:42	50	1:42:04	123	0:04:12	32
247 Jones, Berwyn	M	Padarn Tri	M50		0:07:54	101		#N/A		#N/A	1:42:16	124	0:05:30	188
517 Birchall, David	M	Tri-team Wigan	M50		0:07:53	99	1:02:43	140	0:31:47	114	1:42:23	125	0:04:59	122
131 Williams, Llion	M	Padarn	M30		0:07:17	72	1:02:40	138	0:32:31	129	1:42:28	126	0:04:47	100
289 Cole, Simon	M	Fylde	M40		0:07:01	54	1:01:23	119	0:34:16	175	1:42:40	127	0:05:30	186
111 Caitens, Neil	M	Chester Tri	M30		0:07:55	103	1:06:20	183	0:28:41	49	1:42:56	128	0:04:24	58
388 Myles, Chris	M	Shrewsbury Masters	M40		0:07:23	76	1:04:14	154	0:31:20	102	1:42:57	129	0:05:08	144
483 Davies, Ian	M		M50	Y	0:09:21	194	0:58:17	86	0:35:39	201	1:43:17	130	0:05:26	177
399 Mitchell, Simon	M		M40	Y	0:08:12	131	1:02:00	126	0:33:09	151	1:43:21	131	0:05:37	202
110 Roberts, Stephen	M	Wrecsam Tri	M40		0:08:45	160	1:02:40	137	0:32:11	121	1:43:36	132	0:04:42	86
344 Somers, Peter	M	Wigan Tri	M40		0:08:56	170	1:02:19	132	0:32:28	128	1:43:43	133	0:05:03	129
489 MacKenzie, Kyle	M	IFITS: Intelligent Fitne	M20	Y	0:07:52	98	1:02:59	142	0:32:53	138	1:43:44	134	0:04:37	76
321 Jones, Gary	M	Carneddau	M40		0:08:01	113	1:01:47	125	0:34:02	173	1:43:50	135	0:05:27	179
180 Smith, David	M		M30		0:06:21	24	1:04:48	166	0:32:42	135	1:43:51	136	0:04:57	117
466 Willis-Culpitt, Steve	M	n/a	M30	Y	0:06:55	45	1:04:43	165	0:32:13	123	1:43:51	136	0:05:26	176
383 Turner, Andrew	M	Scarab Tri	M40		0:07:56	104	1:03:24	146	0:32:34	131	1:43:54	138	0:05:19	167
138 Bailey, Lee	M		M30	Y	0:09:01	174	1:04:40	164	0:30:25	82	1:44:06	139	0:04:03	23
379 PUGH, TERRY	M		M30	Y	0:08:54	166	1:02:16	130	0:32:58	143	1:44:08	140	0:05:08	143
121 Smith, Nigel	M		M40		0:06:56	48	1:05:47	180	0:31:32	108	1:44:15	141	0:05:06	139
400 Brown, Jamie	M		M30	Y	0:07:26	80	1:03:45	149	0:33:10	152	1:44:21	142	0:05:34	194
179 King-Sheard, Martin	M		M30	Y	0:09:51	204	1:00:42	110	0:34:04	174	1:44:37	143	0:05:03	129
172 Jamieson, Ian	M		M50	Y	0:07:36	83	1:02:18	131	0:34:51	189	1:44:45	144	0:05:45	210
266 Griffiths, Mike	M	team deviant	M40		0:07:15	70	1:06:51	186	0:30:47	92	1:44:53	145	0:04:02	19
134 Matthews, Anthony	M		M60		0:10:07	215	1:02:00	126	0:33:09	149	1:45:16	146	0:05:22	171
141 Hughes, David	M	arfon masters swimmi	M40		0:06:50	43	1:04:33	161	0:34:00	172	1:45:23	147	0:05:39	204
452 MCKENDRY, LEIGH	M		M40		0:09:56	207	0:58:45	92	0:36:42	210	1:45:23	148	0:05:49	213
112 kiernan, Roger	M	Padarn Tri	M60		0:07:56	104	1:01:19	117	0:36:09	203	1:45:24	149	0:05:55	217
230 Coyle, David	M	Carneddau	M40		0:08:55	167	1:02:42	139	0:33:54	168	1:45:31	150	0:05:13	152
147 Wilcockson, Ian	M		M40		0:09:59	209	1:04:18	156	0:31:14	100	1:45:31	151	0:04:39	83
484 Roberts, William A.	M		M40	Y	0:08:27	152	1:03:20	145	0:33:51	165	1:45:38	152	0:05:26	178

193	Goddard, Alan	M	OOTri	M50		0:10:48	225	1:01:41	124	0:33:26	156	1:45:55	153	0:04:55	116
313	Merritt, Dave	M	-	M20	Y	0:09:13	186	1:04:26	157	0:32:22	126	1:46:01	154	0:05:03	129
521	Hinton, James	M		M30	Y	0:08:24	145	1:02:28	134	0:35:12	194	1:46:04	155	0:05:16	158
377	Globe, Stuart	M		M40	Y	0:09:20	191	1:03:43	148	0:33:10	153	1:46:13	156	0:05:30	187
301	Armit, Tim	M	Fylde Triathlon Club	M40		0:07:57	106	1:04:48	167	0:33:34	160	1:46:19	157	0:05:36	198
144	Owens, Rob	M		M30		0:08:01	113	1:05:25	175	0:33:11	154	1:46:37	158	0:05:04	135
311	Davies, Mark	M		M40		0:06:59	52	1:05:23	174	0:34:19	176	1:46:41	159	0:05:47	212
323	Williams, Nefyn	M		M50		0:08:26	150	1:04:50	169	0:33:30	158	1:46:46	160	0:04:44	89
322	Wilcockson, David	M		M40	Y	0:07:39	86	1:02:32	135	0:36:52	212	1:47:03	161	0:06:14	234
171	O'Brien, Mark	M		M20	Y	0:10:14	218	1:06:56	188	0:29:59	76	1:47:09	162	0:03:36	3
446	Cavanagh, Barrie	M		M50		0:09:02	176	1:07:38	193	0:30:32	87	1:47:12	163	0:04:52	107
302	Williams, Mark	M	Mid Shropshire Wheel	M40	Y	0:11:22	234	0:59:08	96	0:36:56	213	1:47:26	164	0:05:42	208
468	DIMECK, TONY	M		M40		0:10:25	220	1:04:01	153	0:33:05	146	1:47:31	165	0:05:21	168
418	Buxton, Ben	M		M20	Y	0:11:27	235	1:03:39	147	0:32:36	133	1:47:42	166	0:05:01	125
498	Roberts, Harri	M	Eryri	M40	Y	0:10:03	211	1:04:49	168	0:32:58	142	1:47:50	167	0:05:27	180
351	MacDonald, Phillip	M	Chester Triathlon Club	M50		0:07:49	94	1:07:11	189	0:32:53	138	1:47:53	168	0:03:48	8
545	O'Brien, Richard	M		M20	Y	0:08:17	138	1:06:52	187	0:33:04	144	1:48:13	169	0:05:06	137
391	Clements, Jon	M		M30	Y	0:08:03	118	1:05:29	177	0:34:45	187	1:48:17	170	0:05:18	165
155	Terry, Shaun	M		M30	Y	0:07:58	108	0:59:38	100	0:40:41	236	1:48:17	170	0:05:52	214
387	Clapham, Simon	M	Scarab Tri	M50		0:08:14	132	1:03:00	144	0:37:06	217	1:48:20	172	0:05:35	197
432	DUNCAN, BRENDAN	M	HARLECH TOWN FC	M30	Y	0:10:37	224	1:03:54	152	0:33:54	169	1:48:25	173	0:05:30	188
287	Lowe, Andy	M		M50		0:06:39	30	1:01:33	122	0:40:16	232	1:48:28	174	0:06:09	230
107	pilgrim, martin	M		M30	Y	0:08:33	155	1:04:30	159	0:35:25	196	1:48:28	174	0:05:15	157
336	Williams, Martin	M	Ruthin TC	M40		0:07:11	63	1:04:28	158	0:37:02	215	1:48:41	176	0:06:06	228
480	Ellis, Ross	M		M20	Y	0:12:45	245	1:01:24	120	0:34:42	184	1:48:51	177	0:04:48	102
176	Jamieson, Neil	M		M40	Y	0:07:57	106	1:06:09	182	0:34:51	190	1:48:57	178	0:05:14	155
359	birtwistle, nick	M		M30		0:08:24	146	1:04:17	155	0:36:27	208	1:49:08	179	0:04:49	104
215	Moore, Clive	M		M50	Y	0:09:23	195	1:06:32	184	0:33:28	157	1:49:23	180	0:05:27	181
488	Powell, Matthew	M		M20		0:08:20	142	1:05:42	179	0:35:37	198	1:49:39	181	0:05:28	182
507	Armour, Chris	M	Chester Tri	M30	Y	0:05:47	7	1:09:22	211	0:34:30	181	1:49:39	181	0:05:06	137
406	Owen, Dave	M		M40	Y	0:09:07	183	1:06:44	185	0:33:51	164	1:49:42	183	0:05:39	205
451	Shakespeare, Stephen	M		M30	Y	0:09:39	203	1:04:58	172	0:35:12	195	1:49:49	184	0:05:05	136
235	Hallworth, Martin	M		M50		0:08:10	128	1:08:50	207	0:32:56	141	1:49:56	185	0:04:53	111
374	Jones, Chris	M		M30	Y	0:07:14	68	1:07:43	196	0:34:59	191	1:49:56	186	0:05:34	194
481	Williams, Martin Garth	M	Carneddau triathalon	M60		0:08:49	163	1:07:27	191	0:33:49	162	1:50:05	187	0:05:08	144
382	Sharp, Gethin Llyr	M		MJ	Y	0:06:01	14	1:05:00	173	0:39:26	231	1:50:27	188	0:05:40	207
386	williams, ffestyn jnr	M		M20	Y	0:09:20	193	1:07:31	192	0:33:52	167	1:50:43	189	0:05:00	124
505	Owens, David	M	The Wirral Avago Tri	M30		0:06:44	37	1:04:55	171	0:39:16	230	1:50:55	190	0:05:58	219
265	PEPPER, MIKE	M	PADARN TRI	M60		0:06:43	35	1:07:55	199	0:36:27	208	1:51:05	191	0:06:07	229
457	Preston, Andrew	M		M40		0:09:31	198	1:04:32	160	0:37:03	216	1:51:06	192	0:05:13	152
115	Jarvis, Gareth	M	MerseyTri	M40	Y	0:12:18	241	1:04:35	162	0:34:28	180	1:51:21	193	0:05:44	209
421	Evans, John Gwynn	M	Cerist	M60		0:09:08	184	1:09:40	215	0:32:49	136	1:51:37	194	0:05:18	163
150	Hanna, Eric	M		M50	Y	0:12:21	242	1:05:29	176	0:33:57	171	1:51:47	195	0:05:13	152
173	Cameron, Bruce	M	Poole Runners	M60		0:11:02	228	1:04:54	170	0:36:24	207	1:52:20	196	0:05:53	215
256	thomas, dave	M	team deviant	M40		0:08:18	139	1:06:02	181	0:38:05	224	1:52:25	197	0:05:36	198
307	Crawley, Paul	M		M30	Y	0:09:52	205	1:11:34	219	0:31:23	103	1:52:49	198	0:04:45	93
310	Knott, Shane	M		M30	Y	0:10:11	216	1:09:02	209	0:33:50	163	1:53:03	199	0:05:32	192
337	NICOLAY, DAMIEN	M		M30		0:10:03	212	1:08:12	202	0:35:05	192	1:53:20	200	0:04:53	111
495	Powell, Adam	M		M30	Y	0:10:06	213	1:10:14	217	0:33:33	159	1:53:53	201	0:05:22	173
319	Thomas, Jonathan	M	Team Deviant	M30	Y	0:07:40	87	1:07:42	195	0:38:31	226	1:53:53	201	0:06:05	226
156	Bridge, Alan	M		M50		0:08:16	135	1:05:35	178	0:40:20	233	1:54:11	203	0:06:04	225
207	Calland, Ian	M	Lowton Sparrows	M40		0:08:50	164	1:08:20	205	0:37:18	219	1:54:28	204	0:05:16	161

103 Coble, Graham	M		M40	Y	0:09:14	187	1:09:24	212	0:36:22	206	1:55:00	205	0:06:14	233	
330 Joplin, Gary	M		M30	Y	0:10:31	222	1:08:53	208	0:35:38	200	1:55:02	206	0:05:54	216	
203 PARRY, DAVID	M		M40	Y	0:07:00	53	1:07:42	194	0:40:23	234	1:55:05	207	0:06:27	237	
514 Hough, Rob	M		M40		0:09:03	178	1:07:53	198	0:38:19	225	1:55:15	208	0:05:59	220	
308 Roberts, Arwel	M		M40	Y	Y	0:12:53	246	1:04:37	163	0:37:49	221	1:55:19	209	0:05:36	198
389 McCully, Ged	M	Chester Tri Club	M50	Y		0:09:05	181	1:10:59	218	0:35:43	202	1:55:47	210	0:06:05	227
326 Gilmore, James	M		M20	Y		0:09:01	174	1:15:21	227	0:31:37	111	1:55:59	211	0:04:58	120
534 Jones, Elwyn	M	INTRtri	M60	Y		0:11:34	236	1:11:51	221	0:32:35	132	1:56:00	212	0:05:07	140
227 Newing, Robert	M		M40		Y	0:08:46	161	1:14:22	225	0:33:06	147	1:56:14	213	0:05:10	150
471 Ellis, Adam	M		M20	Y		0:12:36	243	1:09:05	210	0:34:48	188	1:56:29	214	0:05:16	159
396 owen, alan	M		M40		Y	0:07:48	93	1:13:04	224	0:35:37	199	1:56:29	215	0:05:34	196
220 Egerton, Graham	M		M30	Y		0:07:11	61	1:07:18	190	0:42:05	241	1:56:34	216	0:06:57	243
508 Hughes, Gethin	M		M20	Y		0:11:12	231	1:08:12	202	0:37:11	218	1:56:35	217	0:06:04	223
397 Bryant, Jeffrey	M	Padarn Tri Club	M50	Y		0:09:29	197	1:09:30	213	0:37:58	223	1:56:57	218	0:06:04	224
139 Eaton, Peter	M		M30	Y		0:14:17	250	1:07:59	200	0:34:44	186	1:57:00	219	0:05:31	190
453 yallop, ian	M	cerist	M50		Y	0:08:07	125	1:11:34	219	0:37:52	222	1:57:33	220	0:06:09	230
140 Green, Garry	M		M30	Y		0:08:23	144	1:08:11	201	0:41:08	239	1:57:42	221	0:06:36	240
250 Bright, Mark	M		M50	Y		0:14:03	248	1:08:15	204	0:35:28	197	1:57:46	222	0:05:39	206
408 owen, clifford	M		M40	Y	Y	0:09:05	181	1:09:37	214	0:40:30	235	1:59:12	223	0:06:29	238
135 HUGHES, JAMIE	M	OO TRI	M30	Y		0:09:14	187	1:16:49	232	0:33:20	155	1:59:23	224	0:05:11	151
375 bishop, mike	M		M40	Y		0:10:35	223	1:08:30	206	0:40:42	237	1:59:47	225	0:06:13	232
486 Llwyd, Gwion	M		M40	Y	Y	0:12:18	240	1:12:04	222	0:36:19	205	2:00:41	226	0:05:29	183
284 JONES, JOHN	M		M50	Y		0:12:15	238	1:10:04	216	0:38:42	227	2:01:01	227	0:06:00	221
202 Scott, Sam	M		M30	Y		0:09:56	208	1:14:37	226	0:36:45	211	2:01:18	228	0:05:09	147
357 Roberts, Paul	M		M50	Y		0:10:07	214	1:17:00	233	0:34:43	185	2:01:50	229	0:05:33	193
178 sheard, richard	M		M40	Y		0:07:54	102	1:15:27	228	0:38:47	228	2:02:08	230	0:06:19	236
119 Brooks, Scott	M		M40	Y		0:15:11	251	1:12:34	223	0:35:11	193	2:02:56	231	0:05:16	159
160 Outten, Lee	M		M40	Y		0:08:04	120	1:21:53	238	0:34:22	178	2:04:19	232	0:05:36	198
320 JONES, GWYN	M	n/a	M40	Y	Y	0:13:21	247	1:17:26	235	0:33:55	170	2:04:42	233	0:06:37	241
285 pascoe, adrian	M		M50	Y		0:08:07	127	1:16:16	229	0:42:22	242	2:06:45	234	0:06:44	242
443 Richards, Huw	M		M50			0:07:46	92	1:16:45	231	0:46:54	244	2:11:25	235	0:07:25	246
130 McManus, Paul	M		M30	Y		0:08:11	130	1:29:42	244	0:34:19	176	2:12:12	236	0:05:18	165
309 Walkden, Kevin	M		M40	Y		0:12:42	244	1:18:08	236	0:41:44	240	2:12:34	237	0:06:01	222
429 Griffiths, Mervyn	M	SWANSEA DEVIANT	M30	Y		0:12:17	239	1:23:28	239	0:37:38	220	2:13:23	238	0:05:45	211
314 williams, ffestyn snr	M		M60		Y	0:11:43	237	1:17:06	234	0:45:34	243	2:14:23	239	0:07:50	247
297 Pickles, Chris	M		M50			0:10:52	226	1:29:26	243	0:34:38	183	2:14:56	240	0:05:21	168
122 keogh, gary	M		M50	Y		0:11:18	232	1:26:48	241	0:36:56	214	2:15:02	241	#N/A	
448 Lord, Chris	M	Carneddau tri	M40			0:10:03	210	1:33:54	247	0:31:25	104	2:15:22	242	0:05:15	156
376 Woolford, Mark	M		M40	Y		0:09:02	177		#N/A		#N/A	2:15:32	243	0:05:56	218
346 Slinger, Philip	M	Mersey Tri	M40			0:08:32	154	1:19:48	237	0:47:30	245	2:15:50	244	0:07:05	244
417 Norman, Peter	M	Wrecsam Tri	M60			0:11:19	233	1:16:27	230	0:53:14	249	2:21:00	245	0:08:10	250
254 murray, russell	M	carneddau	M40			0:09:54	206	1:32:49	246	0:38:54	229	2:21:37	246	0:06:32	239
228 MacInnes, Katherine	M		M40	Y		0:09:26	196	1:31:19	245	0:41:07	238	2:21:52	247	0:06:16	235
504 Foulkes, Sion	M		M20	Y		0:21:22	254	1:26:44	240	0:36:15	204	2:24:21	248	0:05:29	183
102 WOODS, SEAN	M		M40	Y		0:10:23	219	1:27:28	242	0:56:58	250	2:34:49	249	0:08:37	251
503 BRYAN, TERENCE	M		M60	Y	Y	0:15:34	252	1:35:11	248	0:53:02	248	2:43:47	250	0:08:07	249
208 Hughes, Colin	M		M50			0:14:12	249	1:50:55	250	0:51:15	246	2:56:22	251	0:08:00	248
407 Dobson jones, malcolm	M		M50		Y	0:19:05	253	1:46:58	249	0:51:17	247	2:57:20	252	0:07:23	245
455 Rigby, Mark	M	Harlech	M40			0:08:05	122		#N/A		#N/A	DNF		#N/A	
277 Jones, Emyr	M		M40	Y		0:11:02	229		#N/A		#N/A	DNF		#N/A	



